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THE NEWS-LEDGER

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43rd Year ◆ No. 11 **Serving the West Sacramento Region Since 1964** **Wednesday, October 25, 2006**

Unit returning from Iraq, Afghanistan:

West Sacramento veterans post makes 'adopted' Army reserve unit a guest of honor

Special report from Savino Sanchez West Sacramento Veterans of Foreign Wars Post 8762



Breakfast for reservists, courtesy of VFW Post 8762

When our troops returned from the war in Vietnam, they were received with derision and condemnation. The complete opposite of that took place at the West Sacramento VFW Hall on October 8th.

A company of U.S. Army reservists were feted by the VFW's Ladies Auxiliary Post 8762 in a show of support for their service to our nation. In May of this year a small contingent of them returned to Sacramento after a year in Iraq. Two years ago they were in Afghanistan. Their assembly and drill facilities are on a site at the former Sacramento Army Depot and arrangements were made to convoy them in humvees and other military vehicles to the VFW -- all 59 of them. Upon arrival they were warmly greeted by thrilled VFW members and local residents.

During the last few years the Ladies Auxiliary, the backbone of the VFW, had been sending care packages and letters of appreciation to these troops. Floy Gleason, a pillar in the Ladies Auxiliary, made sure no soldier went without a birthday or holiday card.

"I sat down and wrote handwritten letters to each one," said Floy, "telling them we were squarely behind them and not to get discouraged."

While in Afghanistan one of the "psy-ops" soldiers was killed by a roadside bomb and another suffered major burns from an explosion in Iraq and is still in a Texas hospital.

After breakfast, Major Arron Davis presented Mrs. Gleason with a certificate of appreciation and a coin designed with the unit's crest.

"It was very generous of you to do this for us," said Davis. "What our soldiers bring to you are individual stories of patriots."

First Sergeant Ronald Warten added, "This shows that a lot of folks out there care for us."

Pumpkins can fly, kids learn

By Daryl Fisher
Features Editor





The famous pumpkin cannon lets loose (top, in photo by Barry Blacklaw) while young Riley Stone finds his giant squash (above)

If you would like to get a glimpse of what West Sacramento used to be like before all the new citizens, houses and stores started arriving, take yourself a little drive this week or weekend all the way out Jefferson Boulevard, turn left on Gregory Avenue, and keep motoring along until you come to Dave's Pumpkin Patch.

"Dave opened the Pumpkin Patch about 15 years ago," explained his cousin, Kevin Vierra, who has managed the Pumpkin Patch for the past seven years, "although it all really started many years before that when Dave asked his grandfather if he could grow some pumpkins in the family garden and then sell them up on the corner. And now he has two fields and about 15 acres full of pumpkins. Growing pumpkins is pretty time consuming. You've got to plant them at just the right time in June and then keep them clean and watered, but as you can see by looking all around you, Dave definitely knows what he's doing, and if all the new development doesn't pave us over, we plan on being here for many years to come."

With Halloween less than a week away, Dave's Pumpkin Patch has been overflowing with visitors for almost a month now.

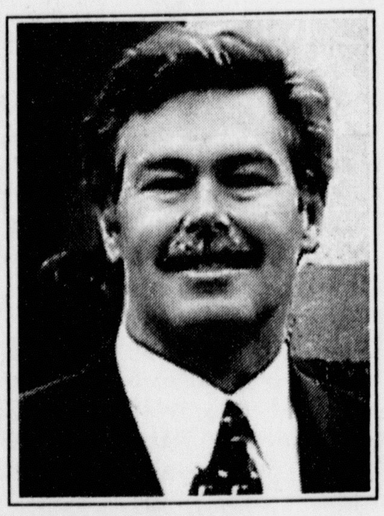
"On a weekend day we'll have two or three thousand people visit the Pumpkin Patch," said Kevin. "Our pumpkins are priced as low as $2 and you can get a really huge one for about $35. And while you're here there are all kinds of fun things to do, especially for the kids."

"We have pony rides and a great snack bar on the weekends," said Sara Jane Vierra, who moved with her husband, Ellard, to the land the Pumpkin Patch sits on way back in 1946. "Plus there are hay rides and a pumpkin shooter and face-painting and even a crafts fair. The local schools also take lots of field trips

Please see PUMPKINS, page 5

JIM CAHILL: city council needs another viewpoint

By Steve Marschke
News-Ledger Editor



JIM CAHILL

Candidate for West Sacramento City Council

Jim Cahill differs with some of what West Sacramento's city council has been doing – and he hopes to bring healthy debate to the council if he is elected to serve on it.

"There's only been one leader on the council in the past few years," said Cahill in reference to Mayor Christopher Cabaldon. "We need more leaders. The power of competing intellects would make the city better."

Cahill, a 47-year old retired financial planner, already served on the council once, from 1998 to 2002. After he filed to run for a second term, though, the county clerk ruled that some of Cahill's nominating signatures were invalid, and disqualified him. Cahill considered challenging the decision, but moved on.

Before he won a seat on the council, Cahill was placed on the city planning commission, and later removed, by council member Wes Beers. Cahill's local *resume* also includes service on a local housing committee, on the chamber of commerce board of directors, on the Our Lady of Grace private school's board of directors, and holding the presidency of the West Sacramento Foundation charity. He is an active member of the city's Rotary Club.

Cahill has lived in West Sacramento since 1990, at locations in the "state street" part of Old West Sacramento as well as Meadowdale (near I-80 and West Capitol) and the Southport area, where he now makes his home with his wife. He has a college-age daughter, and holds university degrees in economics and psychology.

Since selling his finance-related business, Cahill has found some free time on his hands – along with a desire to help return city government to an earlier direction.

"The city is not keeping its promise of keeping new housing in balance with infrastructure," Cahill told the News-Ledger. "I don't think we're keeping to the General Plan, either. I am talking about the numerous amendments to the general plan that have resulted in higher densities (of new home construction). This is what they call 'Smart Growth.' But I think if you look at the impacts of that so-called Smart Growth on the neighborhoods, you'll see if that name really applies."

Cahill argues that this style of planning tries to use "social engineering" to reduce car use and encourage mass transit. But it doesn't work, he said.

"If you look in River Landing (subdivision), you'll see 18-foot driveways with 22-foot vehicles. So the vehicles hang out over the sidewalks, making the sidewalks impassable. And space between houses isn't enough to park a car, even though most families own three cars. The idea is if you build this way, sooner or later, you'll force people out of their cars. But they're not going."

While Cahill wants to return West Sacramento to the less-dense growth plans approved in the early 1990s, he does not disagree with the city council on all its growth-related policies.

"Where I do agree with what the council is trying to do is that I believe our focus on growth ought to be on the riverfront and in the 'triangle' area (bordered by the freeway, river and Tower Bridge approach). That makes more sense, rather than expanding the suburbs further and further. I don't think we ought to be building more homes and more-dense housing, except on the riverfront areas."

"We have an award-winning general plan," he added. "The mayor and city council touted it only a year ago as 'award-winning,' and now they're saying it's outdated and needs to be redone."

Cahill cites the city's plans for a new bridge connecting West Sacramento's 15th Street area to Sacramento's Broadway area across the Sacramento River as another example of ignoring the general plan:

"The two main concerns I have heard from people in my third (precinct walk) through the city are traffic issues and flood control," he commented. "(City leaders) are talking about this 'Broadway Bridge.' That isn't in General Plan. It hasn't been studied, yet all the sudden, that bridge is going forward. We have a couple of bridge locations that are already planned, and they're in southern locations. That is what we promised people. It gives them a second southern access point for commuters, and a way to get out in the event of a flood.

"If there were to be a levee failure, with all the new residents we have – many of whom don't know there's any way out to the south – we need another exit that doesn't send people to Jefferson Boulevard to go north. In the south, they're saying, 'how am I going to get out? Why are they putting a bridge on 15th Street?' I can't give them an answer. That kind of change to the General Plan bothers me."

Flood control joins police and fire protection on Cahill's list of the three most-important public safety issues for West Sacramento.

"Those are the three elements of public safety people need to be thinking about today," he said, adding that a current study of the city's levees may end up giving them a less-than-passing grade. And police and fire services both need help as well, he commented.

"We're still behind in our hiring," Cahill said of the fire and police departments. "We don't have the competitive compensation packages we need to attract and retain people. I participated in the salary negotiations in my previous term, and we didn't feel we had the money. Now, I don't think we can make that argument. We have added a few police and fire people, but not enough to make a dent."

"Police, fire and code enforcement are all things that haven't got the attention they deserve."

Cahill argues that the council ought to narrow its focus.

"We certainly have more revenue than we've ever had before," he said. "The additional commercial tax generators and Measure K (a locally approved sales tax hike) give us more money than we've ever had before. Where I part ways with the council is that I'd like to do fewer things, and do them better."

What would he like to de-emphasize?

"I don't understand why local government is advocating for universal preschool, for example," answered Cahill. "Measure K money is being used for that, when it wasn't listed in the advisory measure" for Measure K that was put before voters.

Cahill is pleased that the city has taken over control of the ailing Port of Sacramento, located

Please see CAHILL, page 5

'Negative' campaigning

The News-Ledger will bring back its usual campaign-season policies this year.

No negative campaigning will be permitted in the final edition before the November 7 ballot, which will be published on Nov. 1. The reason is that anyone criticized in the newspaper that week will not have a fair opportunity to respond before the voting occurs. The policy applies to both paid advertising and to "letters to the editor."

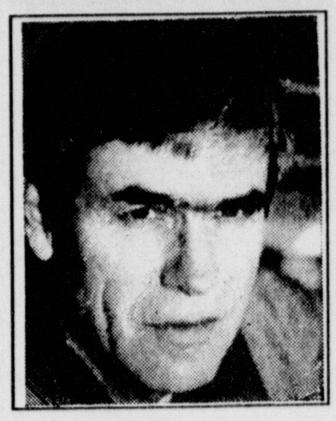
A wider range of opinion was permitted in ads and letters through today's issue.

Also, please keep in mind that political advertising must be paid for in advance and page position requests will be honored – as far as practical – in the order in which ad payments are received.

Please call 371-8030 with any questions.

'In the end, only kindness matters'

My Back Pages



By Daryl Fisher

The other day I was taking my 17-month old grandson on a leisurely early morning stroll over by Westmore Oaks Elementary School when a car suddenly pulled up and came to an idling stop next to us. The smiling lady behind the wheel then rolled down her window and gave my grandson and I a very kind and sweet compliment. Surprised that someone I didn't even know would go to all that trouble, all I managed to do was return her smile and say "Thank you." But after she had rolled her window back up and motored away, I found myself thinking all the way back to a long ago time when an elderly little man named Jack Vincent used to live across the street from the house I grew up in on Michigan Boulevard in West Sacramento.

Jack was a man of great energy for his age, or at least it seemed like it because when he walked he always did so at warp speed. The other thing which set his walk apart from other people on the block was that he was bow-legged, and the combination of that and the speed he tried to get up to when he was on foot made him very noticeable when he was moving from place to place. But as interesting as Jack's way of walking was, the thing which really made him unique -- and so memorable -- was the way he always went about interacting with his fellow man.

I doubt that Jack's special way of talking to other people was a conscious or calculated thing on his part, but rather just an extension of who he was as a person, and it went something like this:

Whenever Jack would see someone, be they a few feet away from him or way across the street, he would find a way (with a big smile on his face) to pass along a compliment, or just say something nice that -- thinking back on it after it had happened to you -- made your day. And it didn't matter if you were young or old, short or tall, skinny or fat, black or white, rich or poor, in fancy clothes or in hand-me-downs, because Jack could always somehow come up with a compliment that seemed to be genuine, more or less accurate, and right from his heart.

In my particular case (remembering that I was in my early teens at the time), Jack would say such things as, "That's a great haircut you just got -- it makes you look really handsome -- boy are the girls going to be after you now!" Or, "I sure wish I could throw a ball up against my garage door the way you do -- what am arm! Someday I bet the New York Yankees are going to be after you!" Or, "I think it's great that you always help your dad mow the lawn -- hard-working young men like you make me feel good about the future of this great country."

And when Jack was done with you, you felt like you could take on the world, because someone you really liked had already somehow figured out that you were destined to have Ricky Nelson hair which would someday drive the girls crazy, and that it was also just a matter of time before the New York Yankees would come calling.

And Jack's compliments had the very same effect on others as they did on me, and many is the time that I overheard Jack making someone else's day, all because a little old man who walked funny chose to take a minute or two out of his day to say something kind and nice to a fellow human being.

So at a relatively early age I learned that if we want, we can actually choose to make those around us feel good about themselves, or we can just as easily choose to do the opposite. We can consciously decide to bring out the very best in others, or we can constantly harp on all their weak points. We can send people on their way to face another tough day with a smile on their face and a confident spring in their step, or we can weigh them down and make them feel heavy.

One of my favorite sayings (although I no longer remember who wrote it and have no doubt rearranged the words a bit over the years) is: "If there is any kindness I can do, let me do it now, for I shall not pass this way again."

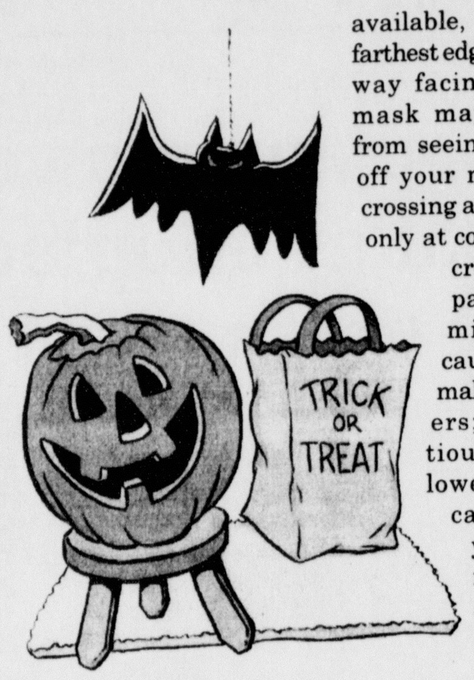
And with seemingly just about everyone in the world at each other's throats lately, and with Americans bitterly divided on all kinds of issues here at home, and with our airwaves currently filled with some of the most god-awful negative political ads imaginable as the November mid-term elections rapidly approach, it seems worthwhile to take just a moment to reflect on the fact that as individuals, we might not be able to change the world for the better, but the words that come out of our mouths can certainly make the lives of those around us a little more gentle and enjoyable.

And to that very nice lady who went out of her way to be so kind to me and my grandson the other morning: old Jack Vincent would have been really proud of you!

Trick-or-treating, safely

From the West Sacramento Police Department

With witches, goblins, and super-heroes descending on neighborhoods across West Sacramento, the West Sacramento Police Department offers parents some safety tips to help prepare their children for a safe and enjoyable trick-or-treat holiday. Halloween should be filled with surprise and enjoyment, and following some common sense practices can keep events safer and more fun.



The major dangers are not from witches or spirits but rather from falls, pedestrian/car crashes and deliberate Halloween hazards. Both children and adults need to think about safety on this annual day of make-believe.

A parent or responsible adult should always accompany young children on their neighborhood rounds; no treats are to be eaten until they are thoroughly checked by an adult at home; only go to homes with porch lights on; carry a flashlight with you, so you can see and be seen easily; keep away from open fires and candles (costumes can be extremely flammable); agree on a specific time when revelers must return home; a good meal prior to parties and trick-or-treating will discourage youngsters from filling up on Halloween treats; remain on well-lit streets and always use the sidewalk; if no sidewalk is available, walk at the farthest edge of the roadway facing traffic; a mask may keep you from seeing well; take off your mask before crossing a street; cross only at corners; never cross between parked cars or mid-block; be cautious of animals and strangers; drive cautiously on Halloween Eve because excited youngsters may forget some of these safety rules and dart out in front of your car; adult partygoers should establish a designated driver.

Should you suspect any treat your child received has been tampered with, please call the West Sacramento Police Department. With a little extra thought and planning, you can make sure that all children have safe outings on Halloween.

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The News-Ledger was founded August 14, 1964. It is the successor to the *Weekly Reader*, founded by Julius A. Feher in April, 1938, and incorporates the *West Sacramento News*, founded by Julius A. Feher in August, 1942.

The News-Ledger is a weekly newspaper published every Wednesday. It provides coverage by mail and other distribution to the city of West Sacramento, including the communities of West Sacramento, Bryte, Broderick and Southport.

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News submissions: The *News-Ledger* welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and letters may be mailed or dropped off at the *News-Ledger* office.

Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs $3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the *News-Ledger* office or through the office mail slot.

Deadline for all other advertising is 5 p.m. on Friday. Please call 371-8030 for information on display advertising and advertising inserts.

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Obituaries

Leo Joseph Omega

Leo Joseph Omega was born on October 7, 2006 and passed away on October 19, 2006. He was the beloved son of Armando and Mia Omega, and the dear brother of Avery. He is also survived by his grandparents, great grandma, aunts, uncles and cousins.

"Our son, Leo, was brought into this world under very difficult circumstances. Each of his twelve days of life was a battle, but each day he touched someone new. He was in our presence for such a short time, but he will be in our hearts forever."

Recitation of the Rosary will be on Wednesday evening, October 25, 2006 at 6 p.m. in the River Cities Funeral Chapel. A Mass of Christian Burial will be offered on October 26, 2006 at 10 a.m. in Our Lady of Grace Catholic Church, 911 Park Boulevard in West Sacramento. Interment will be at St. Mary's Cemetery in Sacramento.

Clara M. Dugrenier

Clara Dugrenier passed away on October 2, 2006. She was born in Luddington, Michigan on March 20, 1915 and was a resident of West Sacramento since 1966.

Clara was a devoted wife, mother, grandmother and great grandmother. She leaves behind three daughters, Donna Denham of Sparks, Nevada, Kathleen Branham of Roseville, and Nancy Riggs of West Sacramento, and a daughter-in-law, Nancy Dugrenier of West Sacramento. She is also survived by 21 grandchildren and 45 great grandchildren.



Clara loved life and lived it to the fullest and will be greatly missed by all those who knew and loved her.

Eve Sweeney

Eve Sweeney passed away in Sacramento on October 19, 2006 at the age of 85. She was the beloved wife of the late Archie Sweeney; the loving mother of Randy Sweeney (Tracy); the dear sister of Steve Radman and Antoinette Morrison; and the devoted grandmother of Melissa and Dylan. She was a lifelong resident of West Sacramento and her kindness and generosity will be remembered by all those who knew and loved her.

A Mass of Christian Burial will be offered on Wednesday, October 25, 2006 at 10 a.m. at Our Lady of Grace Church, 911 Park Boulevard in West Sacramento. Interment will be at St. Mary's Cemetery in Sacramento. Arrangements were handled by River Cities Funeral Chapel of West Sacramento.

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New titles at local library

By Elise McCallan
Arthur F. Turner Branch Library
1212 Merkley Ave.
West Sacramento

The Arthur F. Turner Branch Library has received the following new books:

"The Monsters: Mary Shelley & the Curse of Frankenstein" by Dorothy & Thomas Hoobler.

"Treasure Ship: The Legend and Legacy of the S.S. Brother Jonathan" by Dennis M. Powers.

"Ageless: The Naked Truth About Bioidentical Hormones" by Suzanne Somers.

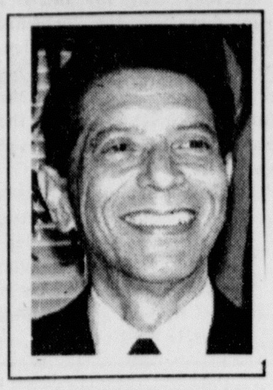
"Rock en Espanol: The Latin Alternative Rock Explosion" by Ernesto Lechner.

"Mind Set!: Reset Your Thinking and See the Future" by John Naisbitt.

Call 375-6465 for information and library hours.

SPORTS INSIDER

By Richard Novoa



By Richard Novoa

The World Series Classic is off to great start with a pine-tar controversy involving winning Tigers pitcher, Kenny Rogers, and with the St. Louis Cardinals snapping the National Leagues losing streak. The Cards broke the N.L.'s eight-game World Series losing streak created by the Red Sox sweep of the Cards in 2004 and the White Sox sweep last year over Houston.

The Series shifts to Missouri on Tuesday (5 p.m.-FOX) for three games after a 1-1 split in the cold confines of Comerica Park in Detroit Tigers. The cold weather didn't seem to bother Tigers pitcher Kenny Rogers who extended his postseason scoreless streak to 23 innings.

The gambler held the Cards to only two hits in eight innings but it was a sticky situation for the veteran lefty. Rogers, who was accused of using pine tar on the ball, kept the Cards off balance the whole game because he knows when to hold them and he knows when fold them! I had to write that- sorry!

NFL - Week 8

Two local boys are enjoying some new playing time in the NFL with River City High Alumni, Malcolm Floyd catching touchdown passes with the Chargers and Seattle QB Seneca Wallace, a Cordova High and Sacramento City product, will be making his first NFL start on Sunday in KC, subbing for the injured Matt Hasselbeck.

The Niners (2-4) are coming off their bye week with a little good news. The good news is they got to rest up and heal some of their wounded players but the bad news is they travel to Chicago (6-0) to play the Da Bears who also enjoyed their bye week. The Niners are getting 17 ½ points against Da Bears in the Windy City.

Great news for the Silver and Black (1-5) as they got to put up a number in the win column after out lasting the shell shocked Arizona Cardinals (1-6) last Sunday 22-9.

The Raiders defense played outstanding ball and their running game was also very impressive. The Raiders rushed for 137 yards and rookie QB Walter completed 17 of 30 passes for 263 yards and one TD but the best statistic was the Raiders converted 13 of 20 third down plays (65 percent). They also cut down their penalties to 8 for only 70 yards.

The Raiders are home this Sunday (1:15 p.m.-ch.13) as 9-point underdogs against the defending Super Bowl Champion Steelers.

Aztecs Picks

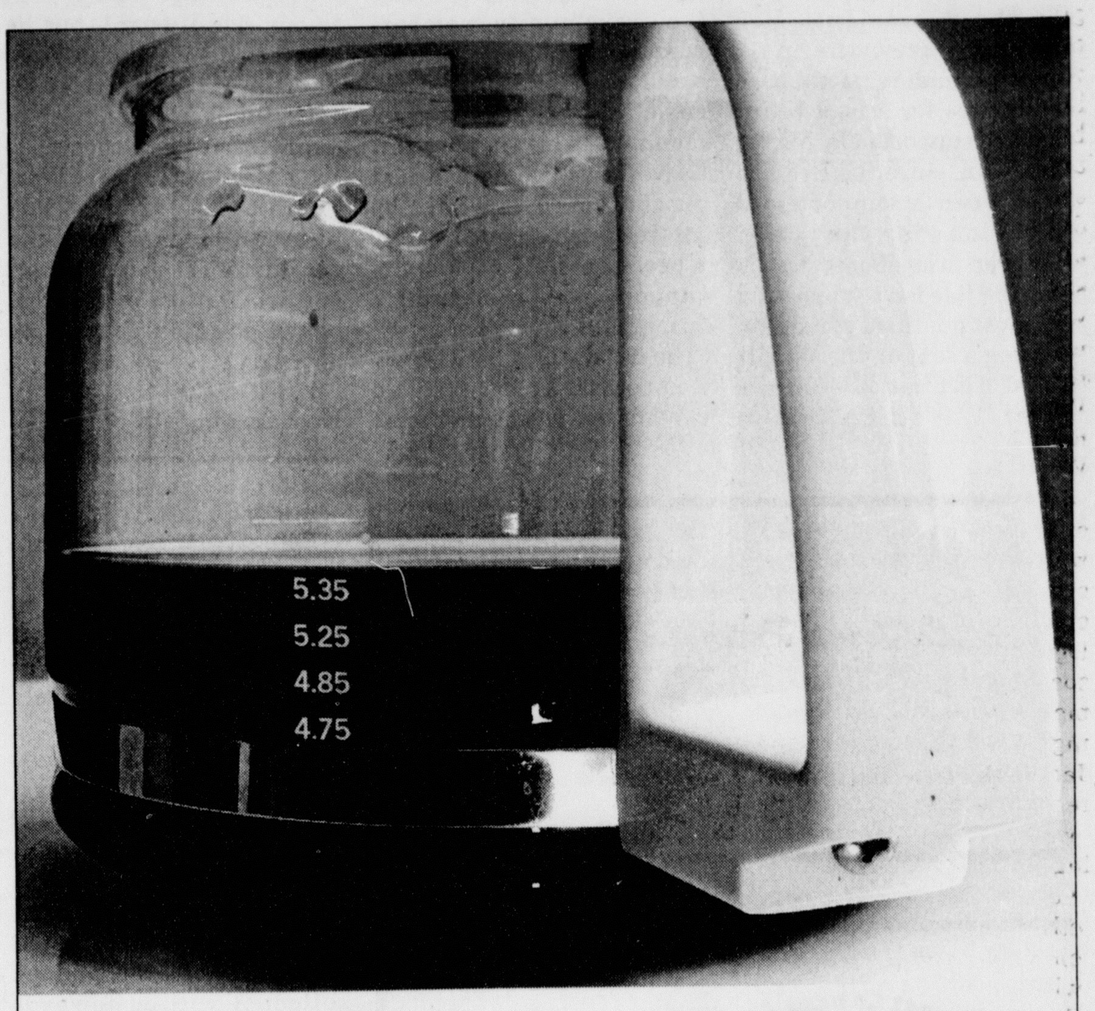
The Dawg also enjoyed a week off to recover from his licking two weeks ago but his hair is standing up for this week's College Lick of the Week! Aztecs cousins, the Washington Huskies, impressed the dawg with tough losses to USC and to Cal in OT last week so the "Lick of the Week" is the Huskies (-1) over Arizona St.

In the NFL, Aztec likes the Rams (+9 ½) as dogs on the road in San Diego and the Chiefs (-3) will maul the Seahawks in KC and on Monday night the Vikings (+3 ½) will cover at home against the Pats.

Kings Korner

The Kings had a couple of distractions this week as they prepare for the season opener on November 1st in Minnesota. The first incident involved the new Kings coach, Eric Musselman, who was arrested for a suspected DUI after his first Arco Arena win last Friday night. But the team's second disturbance maybe even worst with the lost of Mike Bibby who sprained his shooting thumb and will be lost to the team

Please see SPORTS, p. 5



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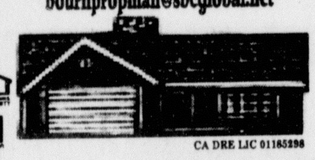
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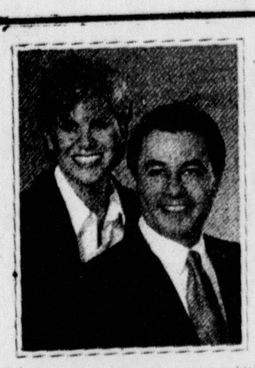
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Sports QUIZ
by Chris Richcreek

1. When was the longest stretch of non-winning seasons for the Baltimore Orioles franchise?
2. Who was the last Cincinnati Red before Barry Larkin in 1995 to win the N.L. Most Valuable Player Award?
3. Memphis' DeAngelo Williams finished his college football career in 2005 fourth on the career college rushing list with 6,026 yards. Who is ahead of him on the list?
4. Who was the last guard before Gilbert Arenas in Washington Wizards franchise history to average at least 25 points a game for a season?
5. Name the last team before the Edmonton Oilers in 2006 to rally from a 3-1 Stanley Cup Finals deficit to force a Game Seven?
6. When Brazilian soccer star Ronaldo became the all-time World Cup career goal-scoring leader in 2006 with 15, whose record did he break?
7. Name the only musher to win more Iditarod titles than Susan Butcher's four.

Answers on Page 4

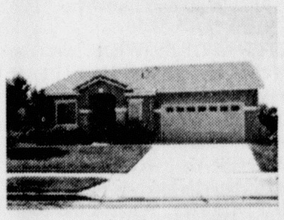
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3850 Henshaw
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Light & bright & priced better than new with over $40K in upgrades including extended ceramic tile entry to open island kitchen & family rm, formal living/dining, wood plantation shutters, downstairs bed & bath, versa-tile loft, , two walk-in closets & more!
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3860 Cherry Place
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376-8060



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376-8059



Debbie Bair
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Peggy Bell
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Tracey Bloom
397-1990



Beverly Brown
376-8058



Dick Goodson
376-8055



Kammy Hill
376-8018



Leah Hertel
376-8048



Craig Jeske
376-8056



Terrell Lowery
849-3689



Jerry Mason
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Victoria Millan
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LETTERS from page seven

Shoddy journalism

It wasn't too surprising to see the Sacramento Bee editorial over the past weekend endorsing the two candidates for school board that are supported by Mayor Cabaldon, since the Bee has often been a supporter of Cabaldon in the past. However, in an effort to justify why the Bee isn't supporting the most qualified candidate seeking a seat on the WUSD Board of Education — former River City High School Principal Mort Geivett — their editorial stated that some community members who back Mr. Geivett see his candidacy as "payback". As one of the many community members who support Mr. Geivett in his bid for a seat on the board, I would be interested to know exactly when the Bee polled his supporters — something I suspect did not happen.

The truth is that Mr. Geivett is not only the most qualified candidate and the one most capable of bringing some much needed professionalism to our school board, but he also has deep roots in West Sacramento and will do everything in his power to improve our local schools.

The Bee's coverage of West Sacramento issues has historically been lopsided and shoddy and their recent editorial about our school board candidates was no different.

LIZ BAGDAZIAN
West Sacramento

Thanks

The West Sacramento Historical Society Fire Truck Committee would like to thank the News-Ledger and everyone who supported our garage sale. The sale, held October 14th, was a fundraiser to help support three historic fire trucks; 1926 Federal (West Sacramento Fire District), 1935 Chevy (Bryte Fire District), and 1954 International (Washington Fire District). The money collected will go towards maintenance, fuel, parts and insurance.

Again, thank you all for coming out to the sale.

WSHS FIRE TRUCK COMMITTEE

More LETTERS, page 6

in the City of West Sacramento, California.

The owner of the Project is expected to be Evergreen Circle Investors, LLC or a limited liability company or limited partnership to be established by CFY Development, Inc.

The Bonds will not constitute an indebtedness or obligation, or a pledge of the faith and credit of, the City or the Agency. The Bonds are special, limited obligations of the Issuer, payable solely from the revenues of the Project and any credit enhancement provided therefore.

All those interested in matters related to the issuance of the Bonds are invited to attend and be heard at the meeting, which will commence at 7:00 p.m., and will be held at the City Council Chambers, located at 1110 West Capitol Avenue, West Sacramento, California. If you have any questions regarding the public hearing, please contact Tina Gontarski, Director, Department of Housing and Community Investment, City of West Sacramento, at (916) 617-4555.

Dated: October 20, 2006
Oct 25

NOTICE OF TRUSTEE'S SALE TS No. 06-12496 Doc ID #0009311347120O5N Title Order No. 3020247 Investor/Insurer No. APN No. 046-464-05-1 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 05/06/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER." Notice is hereby given that ReconTrust Company, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by FARAZ JAFARIAN, AN UNMARRIED MAN, dated 05/06/2005 and recorded 05/12/05, as Instrument No. 2005-0022313-00, in Book -, Page -), of Official Records in the office of the County Recorder of Yolo County, State of California, will sell on 11/01/2006 at 12:00PM, At the rear (North) entrance to the City Hall Building, 1110 West Capitol Avenue, West Sacramento, CA at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 1881 SPOKANE ROAD, WEST SACRAMENTO, CA, 95691. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is $95,635.59. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. DATED: 10/11/2006 ReconTrust Company, N.A. 1757 TAPO CANYON ROAD, SVW-88 SIMI VALLEY, CA 93063 Phone: (800) 281 8219, Sale Information (805) 578-6618 By: - Trustee's Sale Officer ReconTrust Company, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. ASAP# 793864 10/11/2006, 10/18/2006, 10/25/2006

Fictitious Business Name Statement
Filed Sep 7, 2006
File No. 2006-865

The following person is doing business as I Love Teriyaki #4, 830 Harbor Blvd., W. Sacto. CA 95691:

Hyon A. Chong, 9051 Folsom Blvd. #2, Sacramento CA 95826.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/7/06.

/s/Hyon A. Chong

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 7 2006
by: /s/Valerie Clinton, Deputy Clerk

Oct 11 18 25 Nov 1

Fictitious Business Name Statement
Filed Oct 3, 2006
File No. 2006-954

The following person is doing business as Artrageous Creative Arts Studio, 118 Grande Ave., Davis CA 95616:

Pam Devine, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on n/a.

/s/Pam Devine

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Oct 3 2006
by: /s/Ava Woodard, Deputy Clerk

Oct 18 25 Nov 1 8

NOTICE OF PETITION TO ADMINISTER ESTATE OF Adelene Ruth Billingsley CASE NUMBER PB06-270

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Adelene Ruth Billingsley

A PETITION FOR PROBATE has been filed by Harold Meade, in the Superior Court of California, County of Yolo.

THE PETITION FOR PROBATE requests that Harold Meade be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Nov. 16, 2006, at 8:30 a.m. in Dept. 11, Superior Court of California, County of Yolo, 812 Court St., Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a "Request for Special Notice" (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A "Request for Special Notice" form is available from the court clerk.

Attorney for Petitioner: Bruce Kaminski
1524 Merkley Avenue
West Sacramento CA 95691
(916) 372-4752

Oct 25 Nov 1 8

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THE OBSERVATION DECK

Not yesterday
I learned to know
The love of bare
November days
Before the coming
of the snow....



ROBERT FROST

Trivia test by Fifi Rodriguez

1. SLANG: In what sport is "snaking" considered a faux pas?
2. GEOGRAPHY: How did the Australian city of Sydney get its start?
3. MOVIES: Who won an Academy Award for his role in "Raging Bull"?
4. U.S. STATES: What is the capital of Vermont?
5. MEASUREMENTS: What is the Arabic equivalent of the Roman numeral LXXX?
6. MUSIC: Who was known as "The Man in Black"?
7. LITERATURE: What was the name of the prison in the Harry Potter book series?
8. COMICS: What was the original name of the "Peanuts" comic strip?
9. GENERAL KNOWLEDGE: What is the basic currency of India?
10. CHEMISTRY: What is the common name for sodium chloride?

Answers

1. Surfing. "Snaking" is deliberately maneuvering yourself in front of another surfer in order to catch a wave.
2. As a penal colony in 1788
3. Robert De Niro
4. Montpelier
5. 80
6. Singer Johnny Cash
7. Azkaban
8. "Li'l Folks"
9. Rupee
10. Salt

NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the City Council (the "City"), or the Redevelopment Agency (the "Agency") of the City of West Sacramento at its regular meeting on November 8, 2006 will hold a public hearing and consider approval of the issuance by the CSCDA, the California Statewide Communities Development Authority (the "Issuer") and consider approval of the issuance of multifamily housing revenue bonds (the "Bonds") in a principal amount not to exceed Twenty Million Dollars ($20,000,000) to assist in the acquisition and rehabilitation financing of 296-unit multifamily rental housing development commonly known as The Harbor Park Apartments (the "Project"). The Project is located at 3400 Evergreen Circle

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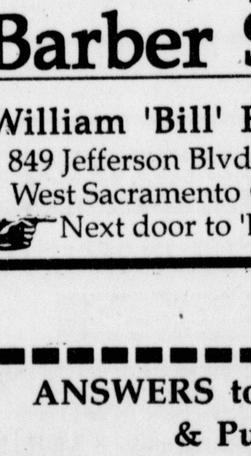
ANSWERS to Sports Quiz (P. 3) & Puzzles (P. 8)

— Weekly SUDOKU —
Answer

7	2	8	4	1	5	9	6	3
5	4	3	9	6	8	7	2	1
9	1	6	7	2	3	8	5	4
1	8	5	3	4	2	6	9	7
4	6	2	1	9	7	5	3	8
3	7	9	8	5	6	4	1	2
6	9	1	2	7	4	3	8	5
2	3	7	5	8	9	1	4	6
8	5	4	6	3	1	2	7	9

— Go Figure! —
answers

8	÷	2	+	9	13
+		+		x	
9	–	3	x	4	24
+		x		–	
1	+	5	x	6	36
18		25		30	



Differences: 1. Banana is smaller. 2. Tail is longer. 3. Fence is shorter. 4. Sign is missing. 5. Arm is showing. 6. Bars are added.

Answers

1. Eleven consecutive losing seasons (1946 through 1956).
2. George Foster in 1977.
3. Ron Dayne (6,397 yards), Ricky Williams (6,279) and Tony Dorsett (6,082).
4. Archie Clark averaged 25.1 points per game for the 1971-72 Baltimore Bullets.
5. Vancouver in 1994, versus the New York Rangers.
6. Germany's Gerd Muller.
7. Rick Swenson with five.

'Across the Bridge':

Events around the West Sacramento region

Cemetery tour

The Sacramento Historic City Cemetery, located at Broadway and 10th Street in Sacramento, will have a "Autumn Color in the Rose Garden" walking tour on November 18th beginning at 7:30 a.m. The tour commences at the cemetery's main gate and is free, although donations for the restoration and beautification of the cemetery are greatly needed and appreciated. For more information call 448-0811.

Tasting extravaganza

The 8th Annual Tasting Extravaganza to Benefit Local Charities will he held on November 3rd from 5-9 p.m. at the Annunciation Hellenic Center, 614 Alhambra Boulevard in Sacramento (across from McKinley Park). Sample tantalizing wine from the region and enjoy food with a Mediterranean flare and bid on silent auction items provided by local businesses. Your $25 donation is tax deductible and tickets are available at the door. For more information or tickets call 371-1627.

Antique bicycles

"Cycle through History: Bikes, Trails & People" will be the featured exhibit at the Folsom History Museum opening October 28th and continuing through January 7, 2007. Antique bicycles will be featured and the exhibit will also cover the history of the American River Bike Trail, extending from Sacramento to Folsom.

The Folsom History Museum is located at 823 Sutter Street in Folsom. For more information about their exhibits call 985-2707.

Spooktacular

Halloween fun and games will reappear this year at Sacramento State's Fourth Annual Pirate Ghost Ship Spooktacular on October 30-31 from 7-10 p.m. at the Challenge Center, located behind Yosemite Hall at Sacramento State College. Ages five and older are encouraged to participate, and there will be a ghost ship, haunted house, carnival games and much more. Admission is $5 general, $4 faculty and staff, and $2 for students. For more information about the event call 278-6156.

Christmas around the world

The 18th Annual Christmas Around the World Festival will 1 be held on November 11th from 9 a.m. to 4 p.m. at the Greek Orthodox Church Hellenic Centerin Sacramento. Admission is free. Call 371-1627.

PUMPKINS from p. 1

out here and for many folks in West Sacramento, visiting the Pumpkin Patch at this time of year has become a family tradition."

"I guess you could call me the official cook," said Richard Vierra, Dave's father, who is in charge of cooking up the tasty burgers and hot dogs and fresh roasted corn to be found at the Pumpkin Patch. "We don't charge admission and our goal has always been to make a visit to the Pumpkin Patch fun for the entire family, and we like to think we've been pretty successful at doing that over the years."

"It all started as just kind of a hobby way back in the 8th grade," explained Dave, "and now its turned into a full time job. But being part of a working farm is a good life and I wouldn't trade it for anything. It seems like the Pumpkin Patch gets bigger and better each year and I hope all your readers will drop by and visit us."

Dave's Pumpkin Patch is open Monday through Friday from 10 a.m. until dusk, and opens an hour earlier on Saturday and Sunday. For more information you can go to their website at www.davespumpkinpatch.com.

CAHILL from p. 1

in the city's heart.

"I'm glad to see we're taking responsibility for it," he commented. "I'd like to keep the port operating and keep it viable, and make it the best possible neighbor to residents in the south. But that may require a big infusion of cash."

While the port appears to be financially stable, said Cahill, its bottom line has been pumped up by sales of port real estate. "They've eaten away at their capital by selling land. That's not a sustainable strategy."

As Cahill walks precincts and raises campaign money, he applauds the city's campaign contribution limits, which don't allow candidates to collect more than $250 from any single person.

"I'm glad we have that," he commented. "My wife was telling me of a candidate in the county where she works, who received $20,000 from somebody. They're spending $100,000 or more in this race for county supervisor."

"It's a chore to raise $250 at a time," said Cahill, noting that larger dollar amounts can engender a corrupting feeling of indebtedness to a contributor. "But it's a chore that is good exercise for your ethical sensitivity."

Known for a sometimes combative style when on the council his last term, Cahill said he intends to learn from any past mistakes, and to give other council members more leeway.

"What I intend to do differently from last time is to focus on the things we all agree on, and get things done," said Cahill. "There's a long enough list there that if we accomplish those things and leave the other things aside, we can all be re-elected. Christopher (Cabaldon) and I disagree on things, but I know we both care about the city."

SPORTS from p. 3

for at least 2 weeks.

Musselman will survive the media onslaught in regards to all the national attention he received but more importantly he must cut down his active roster by October 30th. The big decision will leave rookie forward Louis Amundson, Justin Williams, and center Vitaly Potapenko looking over their shoulders for the last cut because 7-foot-2 center Loren Woods was cut on Monday.

The injury to Bibby probably saved guard Jason Hart from being the final cut. Hart and a very impressive Ronnie Price have been battling for the third guard spot behind Bibby, and first round draft pick Quincy Douby.

Kings will be home this Friday against Portland (7 p.m.) for their final preseason game before they open the 2006/07 season on the road. The Kings first home game is scheduled November 6th against the Timberwolves. Tickets are still available.

Between the Ropes

West Sacramento resident, Juan Lazcano, won a 10-round split decision on Saturday night in El Paso, Texas over Mexican contender Manuel Garnica. Lazcano's (37-3-1, 27 KO's) win puts the junior-welterweight back into the world championship picture. Lazcano, who is among the top 10 rankings in the WBC, WBO and the World Boxing Council, last fought for the WBC title in 2004 losing a decision to Jose Luis Castillo.

Enjoy your day – see ya next week!

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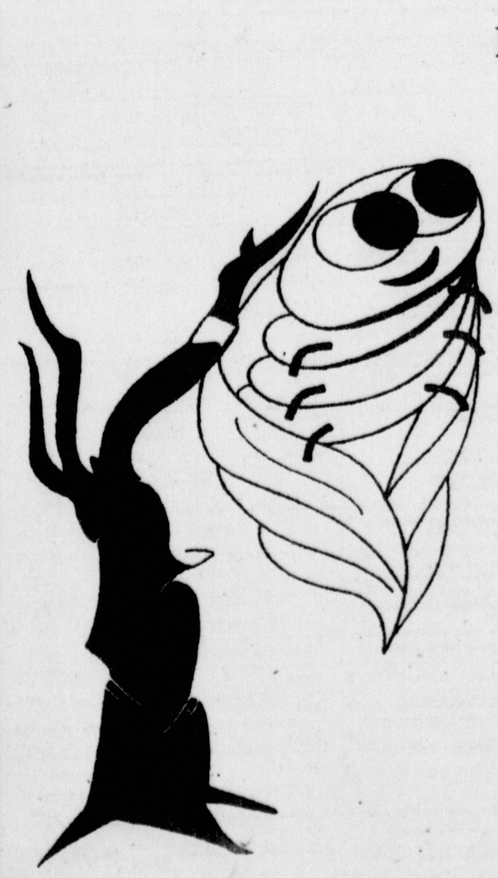
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News-Ledger Directory *of* Local Places *of* Worship

Anna Street Baptist Church Rev. Norman Pollitt, 371-6560 1400 Anna St., W. Sac. Sunday School 10 a.m. Sunday Worship 11 a.m. Prayer Time 6:30 p.m.	**Community Lutheran Church** Rev. Marjorie C. Beach, Pastor 920 Drever St. ■ 371-8804 10 a.m. Worship/Sunday School Friendly, family, inclusive language. The 'come as you are' church.	Our Lady of Grace Catholic Church 911 Park Blvd., 371-4814 Father Jos. Karikattil, Pastor Masses: Sat. Vigil 5:30pm Sunday 9 & 10:30 a.m. Weekdays 7 a.m. No Mass on Thursday
Center for Spiritual Awareness 1020 W. Capitol Ave., 374-9177 Sun. services 9 & 11 am Meditation at 10:30 a.m. Praise & worship 10:45 a.m. Junior church for all ages at 11 am	**Church of Jesus Christ of Latter Day Saints** 2667 Linden Road Bishop Ray Jackson, (916) 372-1113 Sunday Meeting Times: Sacrament Meeting, 9 a.m. PUBLIC WELCOME!	Seventh Day Adventist Church Frank Hightower, Elder 519-5329 2860 Jefferson Blvd., W. Sac. PO Box 447, W. Sac. 95691 Sat. Sabbath School 9:30 a.m. Worship 11 a.m. 372-6570
Trinity Presbyterian Church 1500 Park Blvd., W. Sac. Rev. Steve Whitney (916) 371-5875 9am: Family-Friendly Contemporary Service 11am: Blended Traditional & Contemporary Service	**Holy Cross Catholic Church** 1321 Anna St. (near Todhunter) Pastor Giancarlo Mittempergher Sat. Vigil 5 p.m. (English) Sunday 9 (English) Noon & 7 p.m. (Spanish) Mon 8:30am, Tues-Wed 7am, Thurs. 6:45 (Spanish), Fri. 8:30 a.m. Call 371-1211	**First Southern Baptist Church** Rev. Gregory W. Kirk Sun. School 9:30 a.m. Sun. Worship 11am Wed. 6:30pm Prayer Meeting & Bible Study 2124 Michigan Blvd. 371-2111
SouthPort Community Church Pastor Bruce Maier Celebration Worship Sunday 10:30 a.m. KidLand during service. Youth & Small Group Ministry for All Ages. 1350 Halyard Dr., W. Sac. 372-7818 www.southportcommunity.com	**WestSide Covenant Church** Worship Services at Collings Teen Center 1541 Merkley Ave. Sundays 10 a.m. & 6 p.m. www.westsidecov.org 371-3933	New Discovery Christian Church Now meeting at Elkhorn Village Elementary School, 750 Cummins Way, West Sac. at 10:30 a.m. Pastor Jerry Green (916) 600-3784
Horizon Christian Fellowship Rev. Claude J Perez, Sr., Pastor 1800 Manzanita Way, 371-3458 SUN Worship 9:30 & 11 am SUN Worship & Prayer 6pm WED Bible Study 7pm THURS Youth Group 7pm 1st & 3rd FRI Singles 7pm 2nd FRI Women's Fellowship 7pm	**Radiant Life Church of West Sacramento** 3605 Gregory Ave (in Southport, where Jefferson, Davis & Gregory meet) Worship Sun. 10 a.m. Youth Tuesday 6:30 p.m. Call 371-6706	*Is your worship center listed here? Call 371-8030 to find out how to list your place of worship.*

oct 18 25

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West Sacramento's Costume Shop for Eleven Years.

Save $$ at our new location just off Jefferson & Higgins, at 2801 Butler Court!

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Tax-free Costume Rentals Through October!!

Call Julia, (916) 371-0901
10am-8pm daily
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LETTERS, continued from page four

Vote for Machschefes

As the daughter of a 22-year veteran of the West Sacramento Elementary and Washington Unified School Boards, believe me, I know the heart of a dedicated school board member. From childhood to marriage and motherhood I watched my father serve this community. The work he did and decisions he made were done in the best interest of the kids.

I am writing this letter to encourage you to vote for Karl Machschefes this November, as I see in him the same kind of heart and dedication. Karl will bring fresh ideas to the Board, while helping to expedite other programs already underway.

Karl is a caring family-man. He is honest and trustworthy, and I would trust his word with a handshake.

As parents, if you want to see positive changes in the school board, cast your vote for Karl Machschefes.

JOYCE COLLINS
West Sacramento

Team player

I would like to publicly thank the Southport PTA for their hosting of the school board candidates forum held last week. I truly appreciate their efforts and only wish more members of the community could have attended. I feel it is important that all voters be completely educated on fact verses fiction when it comes to decisions we make in voting for elected officials. As in the past, I feel compelled to dispel some truths in regards to issues surrounding our local school district. I have educated myself with educational laws, district policy and by-laws, and open meeting laws such as the Brown Act. I feel it is imperative to elect people that understand their role as a board member verses a district administrator. My job as a board member would not be to run the school district, as that is the job of the superintendent. Some of the candidate's statements reveal that they can use their influence to bring much needed money to our district. Being that the grand jury cited our district for such offenses, we need to make sure that everything we do does not have a conflict of interest or even a perceived conflict of interest. I also remember empty promises made in past elections and I believe we need to stop that cycle. I would ask, if money is available and you live in the community, why would you wait to run for election to use your influence to bring much needed money to our students?

We need people serving on our board who are familiar with our issues and that speak with accurate information.

It has come to my attention that there is a perception that I may not be able to be a team player with the current board. This past year I had the opportunity to work as a team with the current board in the interview process of the new superintendent. The process was handled very professionally and I would have no problem working alongside the current board as a professional team player. I also believe that different points of view help a board come to the right decision. I would appreciate your support on November 7th.

DANI LANGFORD
West Sacramento

Supporting Angelides

Governor Schwarzenegger covered most of our $34 billion deficit with a $15 billion bond issue and cuts to programs for the needy. And while criticizing former Governor Gray Davis for accepting too much special interest money, he outdid Davis there. In his special election last year all of the propositions he supported failed, then he cooperated with our Democratic majority in the Legislature to pass a timely budget this year. He boasts "No new taxes", but what about all of this new bond financing on the November ballot? After interest, the bonds will cost us roughly twice the stated amount and wealthy homeowners and businesses pay no more than their poor counterparts.

The rich get richer and more poor folks work longer hours to survive. Time for a new governor and his name is (state treasurer) Phil Angelides. Vote on November 7th.

WILLIAM A. LOWELL
West Sacramento

• If you've got a leaky faucet that's driving you nuts with the constant drip, drip, drip, preserving your sanity isn't the only reason to get it fixed. One faucet leaking one drop per second can waste 165 gallons every month. Put another way, that's as much water as one person needs for two weeks.

***

Thought for the Day: "Clothes make the man. Naked people have little or no influence on society." — *Mark Twain*

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Ahead in local government:

The **school board** of the Washington Unified School District held a late-notice special meeting this week to discuss the performance of the superintendent. This Thursday, the board will meet at a regularly scheduled session.

Among the agenda items will be a public hearing on the sufficiency of instructional materials, approval of a contract with Coke at the high school, award of bids for steel needed for the new high school and approval of a guaranteed maximum price with Turner Construction for ten related bid packages, award bid for modular buildings for the new elementary school, and various other issues.

A public meeting will be held to discuss citizen concerns regarding the alley between **Reuter and 8th** streets in the north area. Concerns include problems with illegal dumping, graffiti and other activity. The meeting, sponsored by the city, is planned for Monday, Nov. 6 at 6 p.m. at city hall. Please call the parks department at 617-4620 if you plan to attend. If you have concerns but can't attend, phone the parks department or email parks@cityofwestsacramento.org.

The Yolo County Taxpayers Association
(A Government Watchdog Group of Yolo County Taxpayers)
Recommendations Summary for
November 7, 2006, California Ballot Propositions
To save money, take this form with you when you vote.

After careful consideration, the Yolo Co. Taxpayers Association recommends a "YES" Vote on only the following FOUR Propositions:

YES

1-A	Requires that existing gas taxes be used for roads and transportation projects!
83	Jessica's Law — protection of children. (More costly than we would prefer!)
85	Parent Notification — Teen Abortion (Costs should be minimal.)
90	Protects Private Property from Abusive Government Confiscation

Because they increase taxes on businesses (which are always paid by consumers) or increase the amount of our debt obligations and interest, we urge that you...

VOTE NO On: 1B, 1C, 1D, 1E, 84, 86, 87, 88, 89

VOTE **NO** on "**H**" "**I**" (SMUD) & "**J**" (College Bond)

Following these recommendations will save Californians *BILLIONS* of dollars!
Some of the Propositions are good ideas that California cannot afford right now.
E-mail your Suggestion/Opinion to holisticvet@houghes.net. [Please Include "YCTA" in Subject Line.]

Absolutely NO Income Accepted From Endorsements!
Our income derives ONLY from Memberships!

Yes! **I want to join the Yolo County Taxpayers Association!**
Name: _____
Address: _____
City/ST/Zip: _____
Telephone: _____ E-Mail: _____

Individual	Family	Professional	Small Business	Large Business	Corporation
$25	$50	$75	$150	$500	$750

Return Application & Check to: YCTA, P.O. Box 1411, Woodland, CA 95776
Paid for by Yolo County Taxpayers Association

Washington Unified School District
"Together We Can Make A Difference"

Washington Unified School District
BOARD OF EDUCATION

INVITES THE COMMUNITY
to share in the celebration

at the
GROUNDBREAKING CEREMONY

for the

NEW HIGH SCHOOL
and
NEW ELEMENTARY SCHOOL #9

on

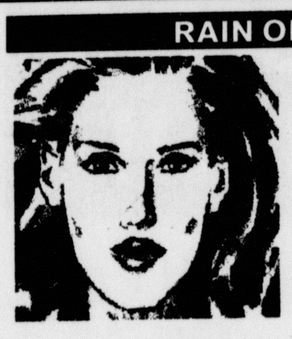
Thursday, October 26th
beginning at 4:30 p.m.

at the corner of
Jefferson Boulevard and Linden Road
(Parking is available at Southport Town Center)

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United States business expanding internationally. Seeking energetic, health-minded individuals. Bilingual in Russian or Spanish a plus. Work your own hours. Computer required. Contact Michael Luna at (916) 524-2224 or fitandrichwithagel@yahoo.com

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GRAND OPENING CELEBRATION!
November 2, 2006 from 4-8pm
DJ Entertainment provided by:
Ultimate Music Production

Come join Dawn, Deeden, Maria & Shannon for their ribbon-cutting ceremony and enjoy free hors d'oeuvres and cocktails. Door prizes will be raffled off for all those who come.

1029 Jefferson Blvd., West Sacramento
(916) 371-4906

11/1

Statement of Ownership, Management, and Circulation
(All Periodicals Publications Except Requester Publications)

UNITED STATES POSTAL SERVICE

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Full Name	Complete Mailing Address
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Steven Marschke	Same
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Full Name	Complete Mailing Address

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The purpose, function, and nonprofit status of this organization and the exempt status for federal income tax purposes:
☐ Has Not Changed During Preceding 12 Months
☐ Has Changed During Preceding 12 Months (Publisher must submit explanation of change with this statement)

PS Form 3526, September 2006 (Page 1 of 3 (Instructions Page 3)) PSN 7530-01-000-9931 PRIVACY NOTICE: See our privacy policy on www.usps.com

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XX If the publication is a general publication, publication of this statement is required. Will be printed in the Oct 25, 2006 issue of this publication. ☐ Publication not required

17. Signature and Title of Editor, Publisher, Business Manager, or Owner: Steven Marschke, Publisher — Date: 10.16.06

I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).

PS Form 3526, September 2006 (Page 2 of 3)

• Thought for the Day: "Clothes make the man. Naked people have little or no influence on society." — *Mark Twain*

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OPINION

News-Ledger Editorial

Your license to gripe

Those ballot stubs you're left with after you vote are, in a way, a license to complain.

If you're ecstatic with the way your governments (local, state and federal) are performing, by all means, stay home. But kindly keep your political gripes to yourself if you do so.

Vote, and you have done your part. You have bought your ticket into the workings of our democracy (and any inconvenience you experienced in the voting process was nothing compared by the sacrifices some have made to protect your right to vote).

Vote, and you have a right to complain afterwards. If anyone doubts that, just whip out those stubs and show them your "license."

■■■

That doesn't mean you should vote on every office and every ballot measure on the ballot.

Some of it is complicated. Some of it is complicated on purpose, and is designed to sound good on a quick reading, while hiding the devil inside the details.

For example, we're offered a ballot measure to protect private property from the government's use of "eminent domain." Protecting ourselves from eminent domain is a popular (and frequently misunderstood) sentiment right now, and the ballot measure rides that sentiment. But check the fine print: the measure could require government, using your tax dollars, to compensate a landowner under other forms of "taking" – including zoning changes. That's not so good for the taxpayer after all, is it?

Eminent domain has more controls on it than most people are aware of. And if it calls for more limits, these aren't them.

Voters should only vote on issues and people they feel they know enough about to make a decision. There's no shame in leaving part of the ballot untouched.

■■■

The people most likely to make it to the polls, come hell or high water, are angry people, or people who are afraid of something.

Political parties know that. That's why they like to make sure there are one or two "hot button" issues on the ballot, that they know will draw the party faithful. So issues like "flag burning" and "defense of marriage" show up on ballots.

There may truly be more pressing issues, but nothing gets people to the polls like a little old-fashioned demagoguery. And once the party faithful make it to the polling place to vote on one thing, they can usually be counted on for the rest of the party line.

So America's angry people are disproportionately represented every election year. People certainly have a right to be angry. But shouldn't the cool-headed want their votes counted as well?

■■■

One issue that looks simpler than the hype might suggest is the pending choice by West Sacramento and Yolo County to replace PG&E's electrical service by SMUD's. Quite simply, we have little to lose and a lot to gain. SMUD (answerable to its rate-payers) has a better record of rates and service than PG&E (answerable to its shareholders and their desire for profits). You now pay almost 30 percent more for PG&E electricity than you would for SMUD. Even if the good-looking projections by your city council and others are overly optimistic, it's hard to see how you can lose by flipping the switch to SMUD.

Letters to the Editor

Voting suggestions

As this campaign nears conclusion I wanted to share with you my selections for mayor, city council and school board. For mayor I recommend Mary Lasell. She has expressed a real passion to advance West Sacramento and shows respect for all citizens. Mr. Cabaldon has done some major improvements in our city but when you read the sample ballot you notice more about buildings, bricks and mortar than anything relative to advancing why we incorporated. Being brilliant is great but it doesn't equate to caring or compassion for people. Mary Lasell has compassion.

For city council I recommend Jim Cahill and Mark Johannessan. I believe two non-incumbents will give help to Mr. Kristoff in providing a much needed dialogue at city council meetings. Both Cahill and Johannessan have proven their commitment to West Sacramento and have earned your vote.

For Board of Education I recommend Dani Langford and Mort Geivett. Mrs. Langford has strongly expressed her dedication to the children of our community and Mr. Geivett has the educational background to plunge into the complex school issues without a long training period and will be an immense benefit to WUSD.

I ask your consideration for voting with me for the people I have identified. Each of them will make a positive improvement on our great city.

RAY E. JONES
West Sacramento

Yes on SMUD

West Sacramento residents by now have seen countless television commercials and mailers designed to scare voters from voting in favor of Measures H and I. I would like to take the opportunity to present facts to your readers.

The most important fact to consider is that this is not a hostile takeover by SMUD. The annexation is about fair competition.

Local elected officials in West Sacramento, Woodland, Davis, and Yolo County unanimously voted to asked SMUD to study the benefits of changing electrical providers. These same jurisdictions unanimously voted to support allowing voters in West Sacramento, Woodland, Davis, and a portion of the unincorporated area to determine whether or not they want to change from private for profite,shareholder- owned corporation PG&E to not-for-profit SMUD for electrical power (PG & E will still continue to provide gas throughout the county).

The West Sacramento Chamber of Commerce joined us in unanimously supporting the SMUD annexation.

This has been a lengthy process and more than a dozen public meetings were held and studies were conducted to determine that no adverse affects would occur in Yolo or Sacramento counties if the annexation were approved by voters.

Several independent analysis have also verified that SMUD has the capability to provide electrical service to its current ratepayers in Sacramento County along with the proposed areas in Yolo County.

There are many reasons why not-for-profit SMUD would be beneficial to West Sacramento residents.

The change of electric providers will present residents with lower electric rates. Ratepayers will see an immediate guaranteed 2 percent savings with the understanding that the savings rate will increase to 30 percent savings once the infrastructure is paid off (about 5-7 years). The immediate 2 percent savings is a guaranteed condition by the Sacramento Local Agency Formation Commission.

Although it's outrageous that PG&E is using OUR ratepayer dollars to try and buy this campaign, it should not come as a surprise (nearly $10 million dollars so far). PG&E made its ratepayers pay more than $7 billion in costs associated with its bankruptcy debt incurred creating the "largest bankruptcy filing by a utility in U.S. history," according to a Jan. 14, 2005 San Francisco Chronicle article. That same article by columnist David Lazarus also highlighted PG&E's out-of-touch managerial decision to pay $83 million in bankruptcy related bonuses to 17 top executives last year. What makes it worse is the fact that PG&E's current CEO is a former Enron executive.

Please join me and the rest of the Yolo County Elected Officials in voting YES on measures H & I in Yolo County and tell your family and friends in Sacramento to vote YES on Measure L!

OSCAR E. VILLEGAS
Council Member, City of West Sacramento

Please see LETTERS, page 4

Fictitious Business Name Statement
Filed Sept 5, 2006
File No. 2006-854

The following person is doing business as Simplistix Billing, 1718 Quincy Dr., Woodland CA 95695:

Rebecca Gonzales, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/1/06.

/s/Rebecca Gonzales

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 5, 2006
by: /s/Ava Woodard, Deputy Clerk

Oct 4 11 18 25

Fictitious Business Name Statement
Filed Sept 7, 2006
File No. 2006-863

The following person is doing business as Metro Towing – Esparto, 17415 Co. Rd. 86A, Esparto CA 95627:

Inakay Meddock, 16608 Co Rd 98B, Woodland CA 95695.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/7/06.

/s/Inakay Meddock, Pres.
Meddock & Sons Inc.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 7, 2006
by: /s/Valerie Clinton, Deputy Clerk

Oct 4 11 18 25

Fictitious Business Name Statement
Filed Sept 7, 2006
File No. 2006-862

The following person is doing business as Metro Towing, 1011 Lincoln Ave., Woodland CA 95776:

Inakay Meddock, 16608 Co Rd 98B, Woodland CA 95695.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/7/06.

/s/Inakay Meddock, Pres.
Meddock & Sons, Inc.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 7, 2006
by: /s/Valerie Clinton, Deputy Clerk

Oct 4 11 18 25

Fictitious Business Name Statement
Filed Sept 7, 2006
File No. 2006-861

The following person is doing business as Metro Steel Recycling, 19389 C.R. 102, Woodland CA 95776:

Inakay Meddock, 16608 Co Rd 98B, Woodland CA 95695616.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/7/06.

/s/Inakay Meddock, Pres.
Meddock & Sons, Inc.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 7, 2006
by: /s/Valerie Clinton, Deputy Clerk

Oct 4 11 18 25

Fictitious Business Name Statement
Filed Sept 7, 2006
File No. 2006-860

The following person is doing business as Metro Auto Dismantling, 19389 C.R. 102, Woodland CA 95776:

Inakay Meddock, 16608 Co Rd 98B, Woodland CA 95695.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/7/06.

/s/Inakay Meddock, Pres.
Meddock & Sons, Inc.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 7, 2006
by: /s/Valerie Clinton, Deputy Clerk

Oct 4 11 18 25

Fictitious Business Name Statement
Filed Sept 20, 2006
File No. 2006-917

The following person is doing business as Farallon Boats, 504 Harbor Blvd., W. Sacramento CA 95691:

The Carter Group, 3000 Duluth St., W. Sac. CA 95691.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on . Previous fictitious business name number 2001-710.

/s/Renee Mason-Caarter, Vice Pres.
The Carter Group

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 20, 2006
by: /s/Ava Woodard, Deputy Clerk

Oct 4 11 18 25

Fictitious Business Name Statement
Filed Sept 27, 2006
File No. 2006-939

The following person is doing business as Mr. Pickle's Sandwich Shop, 3021 W Capitol Ave., W. Sac. CA 95691:

Virginia Henderson and Patrick Henderson, 1559 Limewood Rd., W. Sac. CA 95691.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/26/06.

/s/Virginia Henderson
Patrick Henderson

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 27, 2006
by: /s/Kimberli Barklow, Deputy Clerk

Oct 4 11 18 25

Fictitious Business Name Statement
Filed Sept 22, 2006
File No. 2006-923

The following person is doing business as A-1 Secure Storage, 35 Matmor Rd., Woodland CA 95776:

A-1 Secure Storage (Woodland) LLC, 35 Matmor Rd., Woodland CA 95776.

This business is conducted by a Limited Liability Company.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/22/06.

/s/Leigh Robinson

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 22, 2006
by: /s/Valerie Clinton, Deputy Clerk

Oct 4 11 18 25

Fictitious Business Name Statement
Filed Sept 21, 2006
File No. 2006-919

The following person is doing business as Anchor Supply Company, 2417 Front St., W. Sacramento CA 95691:

William Lee Campbell, 2417 Front Street, West Sacramento CA 95691.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 4/1/1985.

/s/William Lee Campbell

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 21, 2006
by: /s/Ava Woodard, Deputy Clerk

Oct 4 11 18 25

Fictitious Business Name Statement
Filed Sep 8, 2006
File No. 2006-866

The following person is doing business as Home to Life, 1659 Princeton Rd Suite 100, West Sacramento CA 95691:

Baldwin Kim Sulit, 1659 Princeton Rd., West Sacramento CA 95691.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on Sept 8 '06.

/s/Baldwin Kim Sulit

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 8 2006
by: /s/Eleigh Fagel, Deputy Clerk

Oct 25 Nov 1 8 15

Fictitious Business Name Statement
Filed Sep 8, 2006
File No. 2006-866

The following person is doing business as New Lightings, 1659 Princeton Rd., Suite 04B, West Sacramento CA 95691:

Baldwin Kim Sulit, 1659 Princeton Rd., West Sacramento CA 95691.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on Sept 18 '06.

/s/Baldwin Kim Sulit

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 18 2006
by: /s/Eleigh Fagel, Deputy Clerk

Oct 25 Nov 1 8 15

***

Human society is a network of relations—spiritual, animate, physical—between human beings, alive, dead and still unborn.

—Arnold J. Toynbee

***

PUZZLES & COMICS

The Spats



by Jeff Pickering

R.F.D.



by Mike Marland

Mama's Boyz



by Jerry Craft

Amber Waves



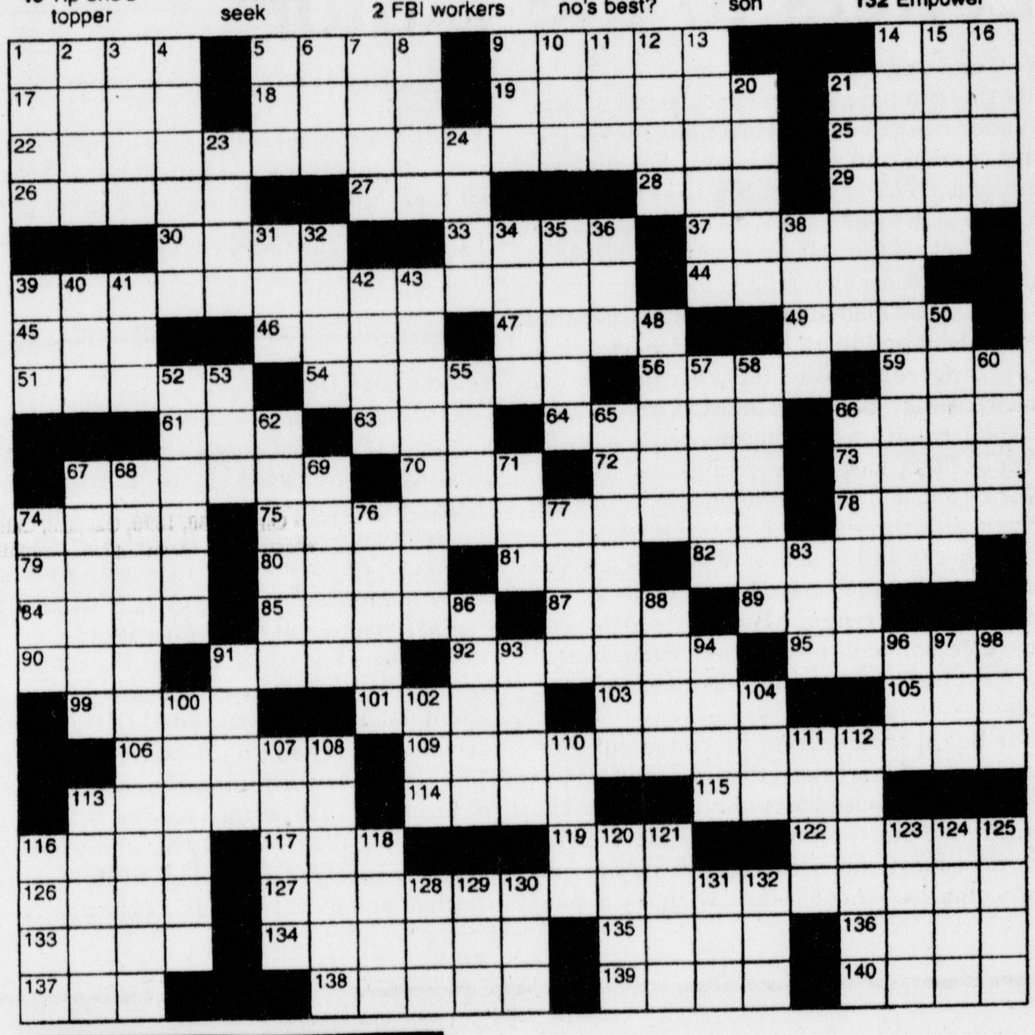
by Dave Phipps



Super Crossword FOR THE BIRDS

ACROSS
1 Sagan or Sandburg
5 Swarm sound
9 Montana city
14 Monterrey Mrs.
17 '58 Pulitzer winner
18 Piece of fencing?
19 He was "The Thing"
21 Pipe part
22 WREN
25 Brobdingnagian
26 For — (cheaply)
27 Comic Costello
28 — Na Na
29 Mascagni opera
30 Poet Wilcox
33 Lohengrin's bird
37 African antelopes
39 LARK
44 "The Optimist's Daughter" author
45 Bonanza material
46 Coveleski or Musial
47 Vichyssoise veggie
49 Tip one's topper
51 Long-tailed parrot
54 Sanford of "The Jeffersons"
56 Scandinavian city
59 Griffon greeting
61 Fool
63 Missouri airport abbr.
64 Valuable instrument
66 Stowe sight
67 Screenwriter Nora
70 Elf
72 Dash
73 Sarah — Jewett
74 Inland sea
75 QUAIL
78 Depravity
79 Easy stride
80 Bit of gossip
81 Parenthesis shape
82 Physicist Fermi
84 Corset part
85 Alfredo ingredient
87 British big shot
89 Monsarrat's "The Cruel —"
90 Tulsa commodity
91 Cheat at hide-and-seek
92 Preposterous
95 Sweetheart
99 Turn over
101 Darjeeling dress
103 Invasion
105 Frankfurter's field
106 Rent
109 CRANE
113 Church official
114 Oriental staple
115 Big rig
116 Channel
117 Actress Hagen
119 Plutarch character
122 Tole material
126 Be important
127 PARTRIDGE
133 Actor Novello
134 Kindle
135 Heart burn?
136 Time for a sandwich
137 According to
138 German port
139 Racing legend
140 Guy Fri.

DOWN
1 — Grande, AZ
2 FBI workers
3 "— Man" ('84 film)
4 Not as fatty
5 Neighbor of Ger.
6 Prosperous times
7 Non-non-chalance?
8 Nil
9 Crank's comment
10 Swiss canton
11 Explosive initials
12 Golfer's gadgets
13 Avoid
14 DUCK
15 Toomey or Philbin
16 Iowa city
20 Musty
21 Japanese religion
23 Hard on the eyes
24 Astrology term
31 Brown or Baxter
32 Vino center
34 Corduroy ridge
35 Writer Rogers St. Johns
36 Formerly known as
38 Moro of Italy
39 One who no's best?
40 Distinctive period
41 — room
42 Singer Elliot
43 Bete noire
48 Adorable Australian
50 Tenor Corelli
52 One of the Judds
53 Tolstoy title start
55 Coalition
57 Play ground?
58 Bedding
60 At large
62 Word with dog or state
65 "Never on Sunday" star
66 Good-humored
67 Amatory
68 CARDINAL
69 — Dame
71 Anaconda, for one
74 As well
76 Pursues
77 Coffee pots
83 Ring counter
86 Andretti or Cuomo
88 Fiber source
91 Swamp stuff
93 "Death of a Salesman" son
94 Pad
96 Ryan's "Love Story" co-star
97 Bud
98 Fluffy female
100 Crime writer Colin
102 PC key
104 SHAEF commander
107 "The March King"
108 Whole
110 Stamping ground
111 TV award
112 Strauss city
113 Debonair
116 — coffee
118 Energy source
120 One of a pair
121 South Seas novel
123 New Mexico resort
124 John of "Roots"
125 Expected back
128 Bossy's chew
129 Sugary suffix
130 Guys
131 College growth
132 Empower



Answers to Puzzles Page 4

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	÷		+		13
+		+		x	
	–		x		24
+		x		–	
	+		x		36
18		25		30	

1 2 3 4 5 6 8 9 9

DIFFICULTY: ★ ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

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Weekly SUDOKU

by Linda Thistle

7		8		1		9		
	4			6			2	1
		6	7		3	8		
1			3		2		9	
	6	2	1				3	
3				5		4		2
	9		2		4			5
2		7		8		1		
	5				1		7	9

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★ ★

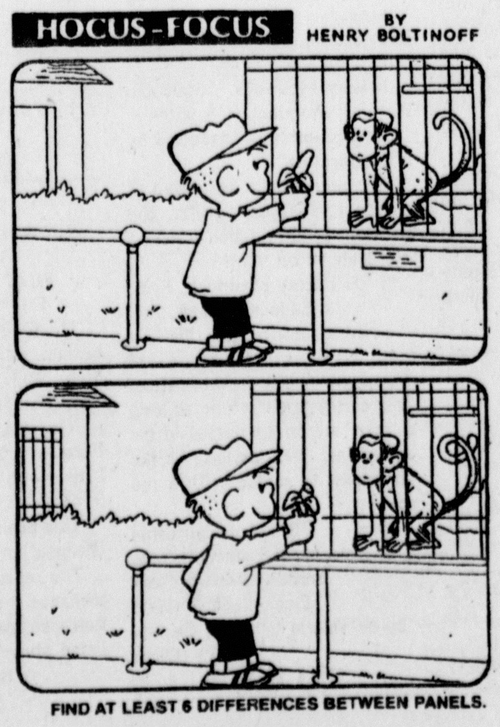
★ Moderate ★★ Challenging
★★★ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

MAGIC MAZE ● CLASS —

T V R O L I F C Z W T Q M N K
I F C Z W O U R P M J E H E C
Z X U S Q T N K L J E G E C Z
X V T R S T R U C T U R E Y P
N L J H E O C A I O R Y E C W
V T R P N M L N K E T I R E G
R E D A E L G G U R T S A H E
C B Z T X W N N W O L C F P U
S R S P D O I R E P O M R O L
J Y I G E O R G N I K N A R D
S B A Y N O I T C A X W W P U

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Act	Motto	Ranking	Struggle
Action	Of stock	Reunion	System
Leader	Period	Ring	Warfare
Meeting	Prophecy	Structure	

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DINING, TRAVEL & ENTERTAINMENT

celebrity extra

by cindy elavsky

Q. I just watched a great movie on TV starring Judith Light called "Murder at My Door." I was wondering what she has been doing. I think she is one of the greatest TV actresses today. — *Cindy S., North York, Ontario, Canada*

A. I am always willing to help a fellow Cindy, so here is the information you asked for. Recently, Judith has been a recurring character on "Law and Order: Special Victims Unit" as Judge Elizabeth Donnelly. Also, her new independent movie, "Ira and Abby," has garnered much attention at the recent L.A. Film Festival.

Light, 57, who was never one to shy away from controversy, shaved her head and appeared nude on stage for her portrayal of Vivian Bearing, a woman dying of ovarian cancer, in the off-Broadway smash hit "Wit." She has long been a strong supporter of gay rights, supporting and counseling former on-screen ("Who's the Boss?") son Danny Pintauro when he came out a few years back.

***

Q. I heard that Emma Watson might not be returning as Hermoine Granger after she finishes filming "Harry Potter and the Order of the Phoenix." Please say that isn't true. — *A Reader, via e-mail*

A. So far, it's looking like that's not necessarily true. According to industry rags, Watson is attached to co-star in "Harry Potter and the Half-Blood Prince," which is in pre-production and is scheduled for a 2008 release. However, if Watson's real-time age begins to outpace her character's age, then it might not be realistic to keep her as the young bookworm Granger.

Nonetheless, I feel that the magic of movies should be able accommodate her. After all, back in 1939, costumers were able to aptly keep Judy Garland's blossoming womanhood in check, as the shooting of "The Wizard of Oz" occurred at pretty much the exact moment Garland was changing from a young girl into a woman.



Emma Watson

Q. What happened to "Miss Holly," the bailiff on "Judge Joe Brown"? — *Stanley B., via e-mail*

A. According to an interview with "Entertainment Tonight," Holly Evans ("Miss Holly") has finally received her law degree and is running for election to a municipal judge's office in Los Angeles. If elected, talk is she might have her own show called "Judge Holly." Stay tuned!

***

Q. What is Glynis Johns up to? Does she have any movies in the works? When is her birthday? — *Janet C., Cathey's Valley, Calif.*

A. Glynis Johns, whose career has spanned seven decades, is perhaps best known for her roles as Mrs. Winifred Banks in "Mary Poppins," Myfanwy Price in "Under Milk Wood" and (to newer audiences) Grandma Elsie in "While You Were Sleeping." On stage, she's best known for her Tony Award-winning role of Desirée Armfeldt in Stephen Sondheim's "A Little Night Music," for whom Sondheim specifically wrote the song "Send in the Clowns." Johns, born Oct. 5, 1923, was last seen in Mandy Moore's 2003 teen-angst movie, "How to Deal."

Have a question for Cindy? E-mail her at letters.kfws@hearstsc.com, or write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Comfort foods

Made fast and healthy

by Healthy Exchanges

Harvest Home

Nothing says fall like apples and warm, homemade bread!

APPLE HARVEST YEAST BREAD

- *1 cup unsweetened apple juice*
- *1 egg or equivalent in egg substitute*
- *2 teaspoons I Can't Believe It's Not Butter Light Margarine*
- *1 1/2 teaspoons table salt*
- *3 cups bread flour*
- *1 teaspoon apple-pie spice*
- *1/2 cup Splenda Granular*
- *1 (1/4-ounce) package active dry yeast*
- *1/4 cup chopped walnuts*

In a bread-baking pan container, combine apple juice, egg, margarine and salt. Add bread flour, apple-pie spice and Splenda. Make an indentation on top of dry ingredients. Pour yeast into indentation. Follow your bread machine instructions for a 1 1/2-pound loaf. Add walnuts when "add ingredient" signal beeps. Continue following your machine's instructions. Remove loaf from machine and place on a wire rack to cool. Cut into 12 slices. Makes one 1 1/2-pound loaf.

• Each serving equals: 163 calories, 3g fat, 5g protein, 29g carb., 305mg sodium, 1g fiber; Diabetic Exchanges: 1 1/2 Starch/Carb., 1/2 Fat.

Visit the Healthy Exchanges Web site at www.healthyexchanges.com or call toll-free at 1-800-766-8961 for more information about its "common folk" healthy recipes.

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Good Housekeeping

Hoisin-Glazed Chicken Wings

These lusciously sticky wings call for finger licking. For a quick side, cook rice: Add a layer of frozen peas to the top of the pot for the last 5 minutes of cooking. When the rice is done, stir the peas in and season with a tablespoon or two of seasoned rice vinegar and some chopped basil or cilantro.

PREP: 5 minutes
BROIL: About 22 minutes
MAKES: 4 main-dish servings

- *1/4 cup hoisin sauce*
- *1 tablespoon soy sauce*
- *12–16 medium chicken wings (about 3 pounds)*

1. Preheat broiler with rack 4 to 5 inches from source of heat.
2. In cup, combine hoisin sauce and soy sauce
3. In 17-by-11 1/2-inch baking pan or large broiling pan, arrange wings in single layer. Broil wings 10 minutes. Turn wings over; broil 10 minutes longer or until golden and chicken loses its pink color throughout.
4. Brush wings lightly with hoisin mixture. Broil 1 to 2 minutes or until glaze bubbles and browns. Turn wings over; brush with remaining hoisin mixture. Broil 1 to 2 minutes longer.

• Each serving: About 260 calories, 22 g protein, 7 g carbohydrate, 16 g total fat (4 g saturated), 0 g fiber, 65 mg cholesterol, 565 mg sodium.

For hundreds of triple-tested Good Housekeeping recipes, visit our Web site at www.goodhousekeeping.com.

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Moments in time

THE HISTORY CHANNEL

• On **Oct. 30, 1890,** Oakland, Calif., enacts a law against opium, morphine and cocaine. The new regulations allowed only doctors to prescribe these drugs, which, until then, had been legal for cures or pain relief.

• On **Oct. 31, 1912,** the "Musketeers of Pig Alley," directed by D.W. Griffith, debuts. The movie, which followed the career of a gangster nicknamed the Snapper Kid, initiated a long Hollywood tradition of "gangster movies."

• On **Nov. 4, 1922,** British archaeologist Howard Carter and his workmen discover a step leading to a tomb in Egypt. After years of excavation they unearthed a stone sarcophagus containing a solid-gold coffin. The mummy inside was the boy-king Tutankhamen, preserved for more than 3,000 years.

• On **Nov. 5, 1935,** Parker Brothers releases the now-famous board game Monopoly. Monopoly was actually a descendant of a board game patented in 1904 by Lizzie J. Magie, a Quaker from Virginia. The Landlord Game, as Magie called it, was designed to promote her political belief in the passing of a single federal tax based on land ownership.

• On **Nov. 3, 1941,** the Combined Japanese Fleet receives Top-Secret Order No. 1: In 34 days time, Pearl Harbor is to be bombed, along with Malay, the Dutch East Indies and the Philippines.

Strange BUT TRUE

By Samantha Weaver

• It was Bennett Alfred Cerf, cofounder of the Random House publishing company, who defined good manners as "the noise you don't make when you're eating soup."

• According to The Associated Press, an 18-year-old man in Cedar Rapids, Iowa, was discovered to be in possession of two pounds of marijuana when he was stopped by police. His excuse? He told the police that the drugs weren't his because he stole them. In addition to the charge of possession of marijuana, a burglary charge was being considered.

• If you're like the average person, it takes you about seven minutes to fall asleep once you go to bed.

Fave Foods OF THE FAMOUS

by Steven Austin



Alan Smith © 2005 Action Sports Photography

Stanton Barrett

Being a handsome stuntman, a race-car driver and Paul Newman's godson is only part of Stanton Barrett's story. This 33-year-old is also an entrepreneur, film producer and a passionate supporter several children's charities.

Growing up in small-town California as the son of a long line of risk-taking athletes and entrepreneurs, Barrett had big dreams. By the age of 15, he had started his career in film. His first job was working as a stuntman under the direction of Hal Needham, a true Hollywood legend. Barrett has worked in more than 150 films, including "Batman," "The Dukes of Hazard," "Mr. & Mrs. Smith" and "Spider-Man." And for more than 16 years he has competed in NASCAR Nextel Cup and Busch Series races.

Working with and helping children is where he gets a real rush, including his time with The Hole in the Wall Gang (holeinthewallgang.org), a camp for children with serious illnesses. Barrett is also a gifted and enthusiastic cook. For more information, go to www.lucini.com

Ever done a stunt that involved food or beverage in some way?

"The only thing close was a Twinkies commercial where I was riding a snowboard. I go off a big jump and a raccoon looks up and sees or dreams that the snowboard is a Twinkie. In awe, he gets smashed by the Twinkie he thought that he was going to eat."

Tell us about meals with your godfather, Paul Newman.

"Most of them are pretty simple. He likes to make salad dressing and salad. He grills something, makes some vegetables, and usually it's all pretty healthy food. Paul and my father, Stan, make what they call a grazing salad. This salad takes some serious dedication. You have to finely chop a variety of vegetables — yicuma, red and green peppers, celery, cucumber, onion and pine nuts Paul is an amazing guy, and the dinner table seems to be a favorite place to share tales."

Let's pretend: You have to drive across the U.S. to help raise money for a charity you work with, stopping only for quick naps, gas and bathroom breaks. What food and drink are in the car to help you make it?

"When I stopped, I would drink water with Vital-XP, a complex amino-acid drink, and then a lot of Energy-C. I would grab the quickest and healthiest fast food I could find. This would pretty much take care of providing the energy and health I need on my trip.

"Now if I were to go the unhealthy route, I would eat Junior Mints and Hot Tamales candies, and spicy hot Doritos. Then I would pile up the water and Dr Pepper. I love spicy stuff, plus it's a good way to keep awake."

Many of the kids you work with love lollipops. One day you wish someone would create one that tasted like:

"Rocky Road Ice Cream."

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STANTON BARRETT'S MIND-BLOWING ROASTED FISH

Fish:

- *4 fillets of sea bass, halibut or other mild white fish (use 1-1/4 to 1-1/2 pounds if using one piece)*
- *Lucini Premium Select Extra Virgin Olive Oil to coat fish, plus 3 tablespoons reserved*
- *Salt and pepper, to taste*
- *1/2 cup bread crumbs*
- *1/2 cup shelled, unsalted pistachio nuts, chopped*
- *1 tablespoon minced fresh garlic*

Preheat oven to 450 F. Liberally coat fish with olive oil, as well as the salt and pepper. In a bowl, mix bread crumbs, nuts, garlic and 3 tablespoons olive oil. Place fish in a baking dish and cover top with the pistachio mixture. Bake for 10 minutes (15 minutes if the fish is more than 1 1/2 inches thick).

Sauce:

- *1/2 pint fresh raspberries or 1 cup frozen (hold aside 12 berries for garnish)*
- *1/3 cup Lucini Gran Riserva Balsamico Vinegar*
- *1/4 cup plus 1 tablespoon honey*
- *2–3 sage leaves*

Put raspberries, balsamic vinegar and honey in a blender or food processor. Puree and strain through a fine strainer to remove seeds. Reduce sauce over medium heat until it becomes thick, approximately 7-10 minutes. Add sage leaves to sauce when reducing and remove when sauce is finished reducing. Sauce can be saved in the refrigerator for one week. Place the garnish berries in a small bowl and lightly splash with balsamic vinegar. Plate the cooked fish and finish with raspberry balsamic sauce and garnish with the berries.

Books

The Blog of War
by Matthew Currier Burden
(Simon & Schuster, $15)
Reviewed by Ealish Waddell

When a country is at war, its people want to know what's going on. Traditionally, there have been three ways of learning this. One is from the governments involved, obviously a biased source even when not an outlet for outright propaganda. Second is from media correspondents, who sometimes reported from the middle of the action but often had to settle for observing from afar.

Third, and most direct, is the eyewitness reports of the combatants themselves. But their letters and calls home were usually heavily censored, and always arrived long after the events had already taken place.

But in the 21st century, thanks to the global Internet, soldiers anywhere in the world now have the ability to keep in real-time contact with those back home. And many are using the opportunity to provide their loved ones and the public at large with instantaneous and unvarnished accounts of what things are *really* like on the front lines.

"The Blog of War" gathers their stories into a unique portrait of what it's like to wage war in the Middle East today. Soldiers and medics share the adventures, triumphs and horrors of their day-to-day existence. Families on the home front cope with the absence of their loved ones and mourn when they don't come home. Their voices are patriotic and selfless, poignant and scared, and more immediate than ever before.

In opening up cyberspace, the military unwittingly opened a Pandora's box that it is now struggling to get under control. As new, more restrictive laws are passed, the age of the uncensored military blog may well be ending as soon as it has begun — but books like this one remain as a testament to how unique this moment in time truly is.

Books reviewed in this column are available online or at your local bookstore.

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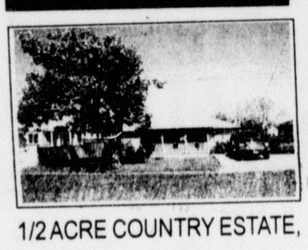
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HOMES FOR SALE



1/2 ACRE COUNTRY ESTATE, 2930 Allan Ave., $459,800. This modern ranch sits on 1/2 acre of land w/custom in-ground swimming pool. Home has 2 bdrms & full bath. Updated kitchen with lots of cabinets & counter space. Fireplace/stove in living rm. Separate guest house with 2 rooms _ 2 additional outbuildings & asphalt parking pad. Designed for entertaining around the sparkling pool! JOHN KANE, Parkside Property, 916-373-5300. 'Your West Sacramento Specialist.'
6tfn



COUNTRY HOME IN THE CITY! 1585 Linden Rd., $375,000. Newly listed for sale at a great price! 3 bdrm, 2 full bath, with 2-car garage in very convenient location. Updated & remodeled 1700+ sq.ft. home, formal dining room with custom wood-trimmed windows, tile floor, French sliding doors to a covered patio, massive family room or media room -- could be your home office with vaulted beamed ceiling, built-in bookcases, wainscoting, large kitchen, living room with wood-burning brick fireplace, custom updated bathrooms with tile countertops, tub surround & shower, central heat & air. This home is worth your attention. Call JOHN KANE, 373-5300. 'The Real Estate Doctor.' Parkside Property-Kane Realty.
8tfn

HOME PORT REALTY LISTINGS

2838 Clicker Ct: 3 bdrm, 3 baths, listed at $480,000! Wonderful neighborhood with lots of trees & great open tri-level home with retreat-like backyard - you'll think you're in Tahoe. GORGEOUS wood floors, Berber carpet & much more.

1505 Fallbrook St: 2-3 bdrm/1 bath, $[illegible]000. What a dollhouse! Cozy fireplace, hardwood [illegible] updated kitchen, remodeled bathroom. Did we mention the bonus rm? PENDING

501 Lilac Ln: 2 bdrms, 1 1/2 bath, $319,000. Huge! 1,650 sq ft with big backyard. The addition alone is about 800 sq ft with half-bath.

508 Seabrook Ct., 2 bdrm, 1 bath, $[illegible]9,000. See to believe! 1,350 sq ft of living area with [illegible] lovely backyard. Big dining area with dining bar off [illegible]. Newer comp roof, dual-pane windows, CH/A. SOLD!

1009 Fernwood St: 3 bdrm, 1 1/2 bath, $339,000. GREAT PRICE!. Perfect home in Westmore [illegible] lvg rm w/frplc, formal dining & brkfst nook. Except[illegible]kyrd with new fence, fruit trees. SOLD!

1301 Bonita Ct: 3 bdrm/1 1/2 bath, $[illegible]k. It doesn't get much better! Wonderful home in de[illegible]Westmore Oaks. 1600 sq ft, lovely quaint kitchen, fo[illegible]ing rm, bonus rm w/separate frplc. PENDING

1656 Lemontree Rd., 5 bdrm ,2 1/2 bath, $482,250. Beautiful executive home in Newport Estates. Formal dining rm, lvg rm, fam rm & brkfst bar. Master bdrm & bath conveniently located downstairs. Great home, great price.

820 Garnet Street: 3 bdrm/1 ba, $289,900. Darling 3 bdrm home with central heat & air, hardwood floors, living rm, fireplace, 2-car garage & a huge backyard! All for only $289,900.

417 11th St: 2 bdrm/1 bath, $344,000. This is an exceptional home in the 'State Streets.' This home features a remodeled kitchen with new stainless steel appliances, a remodeled bathroom, large bedrooms, open sunny floor plan, fireplace, new paint inside & out -- & did we mention the beautiful built-in pool?

FIRST-TIME HOME BUYERS PROGRAM: City of West Sacramento. Qualified homebuyers may receive up to $100,000 towards purchase of home located in West Sacramento in form of deferred second loan. Please contact Home Port Realty's Brenda Morazzini for further details.

OFFICE SPACE FOR LEASE! West Capitol Avenue, 1950s home converted to office with approx 1100sf, reception area, 2 private offices, 1 bathroom, hardwood floors. Only $1250/mo!

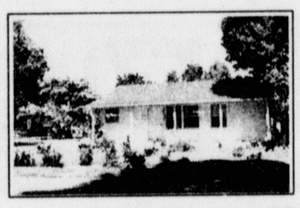
Raul DeAnda is our Spanish-speaking agent.
Call 372-5933! We have rentals, too!



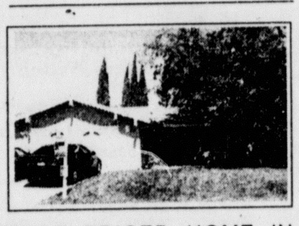
STOP BY AND LOOK! 1104 Cummins Way, $288,800! 4 bdrms & 2 full baths. Livi[illegible]m w/fireplace. Large [illegible] countertop[illegible] cooktop ran[illegible] oven. Almost 16[illegible] freshly painted. Large driveway. House appraised at $303,000. CALL JOHN KANE, 916-373-5300. PENDING SALE
6tfn



GORGEOUS SOUTHPORT HOME! 2448 Barona St., $498,800! Great 3 bdrm, 2 1/2 bath home built in 2004. Large kitchen w/entertainment nook & fireplace. Formal living & dining room. Master bdrm located on 1st floor. 3-car garage. A must-see! Move in today! JOHN KANE, Parkside Property, 916-373-5300. 'Your West Sacramento Specialist.'
6tfn



CLASSIC STATE-STREET HOME! 1726 Alabama Ave., $268,800. This 'State Street' home has 2 bdrms, 2 full baths, kitchen w/breakfast nook. Newer remodeled bathrooms. Laundry rm, detached 1-car garage. Home does need some TLC & is priced accordingly. Seller will credit buyer $5,000. Call JOHN KANE, 916-373-5300. Parkside Property, 'Your West Sacramento Specialist.'
JK6tfn



BEST PRICED HOME IN SOUTHPORT! 2785 Shoveler Ct., $338,800. Great opportunity for this lovely 3 bdrm, 2 full bath home in a quiet cul-de-sac located in Southport. Totally updated & remodeled. New carpet & paint, remodeled bathrooms with custom tile, kitchen/family room combination, living room fireplace, 2-car garage, fully landscaped front & rear, RV access on the right side of the home, new thermopane windows, new blinds plus MORE! JOHN KANE, 373-5300, 'The Real Estate Doctor,' West Sacramento's Real Estate Specialist, Parkside Property & Kane Realty.
JK6tfn



BIG AND BEAUTIFUL! 2985 Shasta Way - $498,000. WOW!

A 2700 sq ft newer Pacific Mountain Partners home in River Ranch with NO Mello-Roos bonds!! 4 bdrms, 3 full baths, large kitchen/family room combination, vaulted ceilings, 2 separate garages -- one 2-car & one 1-car. A great home at a great price. Call 'The Real Estate Doctor,' JOHN KANE, 373-5300. West Sacramento Specialist. Parkside Property & Kane Realty.
JK6tfn

SMART, SMOOTH & RAMBLING: This charming 4 bdrm home sits on one very usable acre. Features an open floorplan with over 2,500 spacious square feet of living space. Master bath features dual head shower, separate tub, and a huge walk-in closet. The RV pad has water, power, phone line and sewer dump. New spa is included in sale. PLENTY OF ROOM TO EXPAND! For more info & pictures go to: www.jeffpuliz.com, 3285 Allan Avenue, Priced at $579,000. Jeff Puliz, Parkside Property, 916-373-9600, jeff@jeffpuliz.com.
11tfn

More HOMES & other ads, page 11!

***
Like water, be gentle and strong. Be gentle enough to follow the natural paths of the earth, and strong enough to rise up and reshape the world.
—Brenda Peterson
***

State-Wide Classified Advertising

"Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates."

ANNOUNCEMENTS

GET FREE OF GUILT and Sickness Forever! World Wellness Expo. Deepak Chopra and Master Teacher of A Course In Miracles. San Jose, Nov. 3-5. www.Wellness.ACIMI.org (Cal-SCAN)

BUSINESS OPPORTUNITY

ALL CASH CANDY Route. Do you earn $800 in a day? Your own local candy route. Includes 30 machines and candy. All for $9,995. MultiVend, LLC 880 Grand Blvd., Deer Park, NY 11729. 1-888-625-2405. (Cal-SCAN)

ARE YOU MAKING $1,710 per week? All cash vending routes with prime locations available now! Under $9,000 investment required. Call Toll Free (24/7) 1-800-276-5584. (Cal-SCAN)

MORTGAGE LOAN BROKER Business - Turn Key, immediate income, unlimited potential, license included, no exams. Complete set up, training & support. Investment required. 1-888-759-8640. (Cal-SCAN)

START YOUR OWN Landscape Curbing Business- High Demand. Low Overheads. High Profit. Training Available. Priced from $12,000. 1-800-667-5372. www.EdgeMaster.net (Cal-SCAN)

BUSINESS SERVICES

ACHIEVE EXCELLENCE! ADVERTISE IN NEWSPAPERS. Print and Online combo buy. 125 print newspapers reaching 3 million Californians, and 35+ Online newspaper websites. Ask about CODAN (916) 288-6010; (916) 288-6019 www.cal-scan.com (Cal-SCAN)

ADVERTISE EFFICIENTLY. Classified ad in 200+ newspapers in California. Reach over 6 million readers for only $500. Call this participating newspaper and ask about the Statewide Classified Ad program or visit www.cal-scan.com (Cal-SCAN)

OPTIMIZE YOUR ADVERTISING. Your Property or Business for sale in 125 community newspapers in California reaching over 3 million readers for only $1,500. Call this participating newspaper and ask about the Statewide Display ad program, or visit www.cal-scan.com (Cal-SCAN)

HELP WANTED

FIREFIGHTER & EMT. Paid OJTraining. Physically fit and under age 34. Min H.S. Grads. Relocate. Benefits. Call 1-800-345-6289. (Cal-SCAN)

INSTALL TECHNICIANS. Top 20 DISH Network Retailer needs In-house/ independent techs immediately. Top pay, benefits, close to home guaranteed. All Counties. Experience required. 1-800-919-9961. (Cal-SCAN)

REGIONAL REPRESENTATIVE Part-time work with international exchange students and host families. Strong community spirit and warm heart for teens. Finding host families required. 1-888-552-9872. (Cal-SCAN)

HELP WANTED/ DRIVERS

DRIVER: AMERICA'S PREMIER Training Company! Company Sponsored CDL training in 3 weeks. Must be 21. Have CDL? Tuition Reimbursement! wgreen@crst.com 1-800-781-2778. (Cal-SCAN)

DRIVER- COVENANT TRANSPORT has opportunities for CDL-A drivers in your area! No matter what your experience level is, we have what you're looking for. Now hiring Students, Solos, Teams, Lease Purchase and O/O's. Call today! 1-866-684-2519. EOE. (Cal-SCAN)

DRIVER - EXPERIENCED & Trainees Needed. Earn up to $40k+ next year. No experience required. $0 down. CDL Training Available. Central Refrigerated 1-800-521-9277 x4779. (Cal-SCAN)

DRIVER - GORDON TRUCKING - Get Paid for Your Experience- Up to 10 Years! Sign-On Bonus! Start up to $.41 per mile! No-Down Payment Lease Purchase Program. 1-888-832-6484. www.GordonTrucking.com (Cal-SCAN)

DRIVER: TAKE CARE of your Family. Join ours. Consistent miles, regional and dedicated runs. Company paid Commercial Drivers License training. www.SwiftTruckingJobs.com 1-866-476-6828. EOE. (Cal-SCAN)

FedEx Ground. O'O Teams. Average 5000 miles/week. $1.249 hub fuel, start $.96. CDL-A with 1 yr. Exp. Ask about our new temporary rate. 1-866-832-6339. (Cal-SCAN)

OTR DRIVERS DESERVE more Pay and more hometime! $.41/mi. -1 year experience. More experience makes more! Home weekends! Run our western region! Heartland Express 1-800-441-4953. www.HeartlandExpress.com (Cal-SCAN)

HELP WANTED/ SALES

A COOL TRAVEL Job. Now hiring (18-24 positions) to work and travel entire USA. Paid training, transportation, lodging furnished. Call today, Start today. 1-877-646-5050. (Cal-SCAN)

LAND/ REAL ESTATE

ARIZONA- NEW to MARKET-36 AC - $59,900. Perfect for private retreat. Endless views, beautiful setting w/fresh mountain air. Abundant wildlife. Secluded with good access. Financing available. Call AZLR 1-877-301-5263. (Cal-SCAN)

SOUTHERN COLORADO SPECTACULAR 35 AC Parcels starting at $36,900! Elec/ Tele included. Outstanding views. Easy financing w/low down payment. Call for your private showing. 1-866-696-5263 (Cal-SCAN)

ARIZONA - BELOW MARKET. 36AC - $279,900. Wickenburg area. Stunning ranch with amazing views. Diverse topography, abundant ground water. Great for horses, private retreat or buy & hold. Subdividable. E-Z terms. Call AZLR 1-866-516-4868. (Cal-SCAN)

GULF FRONT LOTS $595k. Homes starting mid-$300k. New master planned ocean front community on beautiful Mustang Island, near Corpus Christi, TX. www.CinnamonShore.com , 1-866-554-5758. (Cal-SCAN)

NEVADA GETAWAY SELLING QUICKLY. 10 ac Trout Stream, $59,900. High elevation alpine acreage. Eastern slope of year round snow covered White Mountains, which will provide cool, clean water that feeds the rainbow trout creek which borders the entire back boundary. Awe inspiring. Call 1-888-581-5263 or www.NVLR.com (Cal-SCAN)

A LAND BARGAIN - WYOMING 35 acres - $49,900; 50 acres - $59,900. Located 90 minutes east of Salt Lake in the foothills of the Uinta Mountains. Snowcapped mountain views. Surrounded by gov't land. Recreational paradise. EZ Terms. Call Utah Ranches, LLC. 1-888-703-5263. (Cal-SCAN)

NEW TO MARKET- NEVADA's Best Bargain. 5 Acres- $19,900. Spectacular snow-capped views. Great for horses. Financing available! Call now! 1-888-330-2836. (Cal-SCAN)

NORTH CAROLINA LAND- Investing or Relocating? Beautiful country lots, some fully wooded, Charlotte area. Buy now, build later. Restrictions protect your investment. Free brochures 1-704-483-1963. (Cal-SCAN)

A DREAM FIND - 20 Acres - Reduced $89,900. Near Tehachapi. Fresh mountain air and picture perfect views. Streams and oaks. Ideal for horses, country getaway, or to buy and hold. Financing. Call owner 1-888-821-5253. (Cal-SCAN)

LAST CHANCE TO OWN! Abandoned Farming / Mining Settlement less than 2hrs Albuquerque. 20 acres - $24,900. Old Farming & Mining Community. Incredible setting, including frequently running river, spring, views and diverse topography. Excellent financing. Few lots remain! Call NML&R, Inc. 1-888-370-5263 or visit www.SantaRitaRanches.net (Cal-SCAN)

MEDICAL SUPPLIES/ EQUIPMENT

POWER WHEELCHAIRS and SCOOTERS at little or no cost to seniors/disabled with Medicare, MediCal or Insurance. Free Delivery, Training and Warranty. ProHealth Mobility. 1-877-740-4900. www.ProHealthMobility.com (Cal-SCAN)

MISCELLANEOUS FOR SALE

SENIOR OPPORTUNITY! Sell your unneeded life insurance for immediate cash. Get up to three times current surrender value. 24 Hour recorded information: 1-888-737-7577 toll free. (Cal-SCAN)

LAND AUCTION 200 Properties must be sold! Low down/E-Z Financing. Free catalog. 1-800-759-6240. www.LandAuction.com (Cal-SCAN)

INVEST OPPORTUNITY

GOT CASH? Give me just 1 year and I'll make you 11-14% Trust Deeds & Mortgages. 18 years Real Estate experience. CAG Financial Inc. 1-858-270-0251. (Cal-SCAN)

SCHOOLS/ INSTRUCTION

HEAVY EQUIPMENT OPERATOR TRAINING. Bulldozer, Backhoe, Scraper, Cranes & More. National Certification. 3, 6, 9 or 12 week programs. Financial Assistance Available. Job Placement Assistance. 1-877-254-2936 www.nahets.com (Cal-SCAN)

STEEL BUILDINGS

SPECIAL BUILDING SALE... "Don't Miss It!" Fall delivery or deposit holds till spring. 25'x40'x14'=$5800. 40'x60'x16'=$12,800. Front end optional. Other sizes available. Pioneer 1-800-668-5422. (Cal-SCAN)

STEEL BUILDINGS. FACTORY DEALS. Save $$$. 40x60' to 100x200'. Example: 50x100x12'=$3.60/sq ft. 1-800-658-2885 www.RigidBuilding.com (Cal-SCAN)

VACATIONS/ TRAVEL

VACATION CABIN RENTAL 1/2 mile from entrance to Mt. Rainier National Park, Washington. Sleeps 4-6. Fully furnished. Includes National Park Pass, use of snowshoes, mountain bikes, hiking equipment. $775/week, $145/night, 2 night minimum. www.OBriensCabin.com 1-360-867-4124. (Cal-SCAN)

Food Ideas

(NAPS)—If you want to make garlic bread richer, good cooks advise you to make it with California butter and add a sprinkling of



California cheese before toasting the bread. You can use grated Monterey Jack, Cheddar or a grated hard cheese such as Dry Jack.

HOMES FOR SALE from page 10

VISIT:
www.southporthomesforsale.com
32

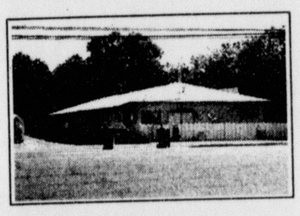
ELEGANT BUT ECONOMICAL This awesome Forecast home has many features & upgrades. Including hardwood flooring in kitchen, 10 ft ceilings, crown molding, & wired for surround sound. Both bathrooms have been updated with Marlite tub enclosures For more info & pictures go to: www.jeffpuliz.com. 3303 Ballena Bay Rd., $415,000. Jeff Puliz, Parkside Property, 916-373-9600.

48tfn

HOME BUYER SPECIALIST: Confused? Concerned? Don't understand? CALL ME! I'll make it easy for you. VICKI BOURN, Associate Broker, ERA Mata Realty, 11035 Jefferson BLvd. Ste 1, West Sacramento CA 95691. (916) 622-1459.

VB-ERA-8tfn

COMMERCIAL/ INVESTMENT REAL ESTATE



INVESTOR SPECIAL - SIX RENTAL UNITS, 1621 Sacramento Ave., $350,000. Fantastic investment opportunity for six rental units. 1 2-bdrm & 5 1-bdrms, gross annual rents over $31,000. Base asking price of $350,000, sold 'in present condition.' You will not find a better price. Call 'The Real Estate Doctor,' The West Sacramento Specialist, JOHN KANE, 373-5300. Parkside Property & Kane Realty.

JK6tfn

1/2 ACRE on the Sacramento River, $550,000! Yes, a half acre at 213 2nd St. on the Sacramento River. 40' wide & 335' deep with river frontage. Unique zoning & a unique property in the path of future develop. West Sacramento's Real Estate Specialist. 'The Real Estate Doctor.' JOHN KANE, 373-5300, Parkside Property - Kane Realty.

JK6tfn

1536 Sacramento Ave. - $218,000. 1/2 ACRE OF COMMERCIAL LAND. Almost a 1/2 acre of commercial land zoned C-2. A corner lot made up of three lots -- 150 feet frontage on Sacramento Ave. & 100 feet deep. Ready for development. Minutes to freeway. Call 'The Real Estate Doctor.' The West Sacramento Specialist. JOHN KANE, 373-5300. Parkside Property & Kane Realty.

JK6tfn

I BUY HOUSES! QUICK CASH FOR YOUR HOME!
Avoid complicated sales or foreclosures. Confidential.
Jim Corbett, Broker
530-792-1044
JimCorb@sbcglobal.net
07-#37

HOMES FOR RENT

2 bed/1 bath, no pets, no smoking. Rent $1000, security $1000. 433 4th Street, West Sac. Call Bourn Property Management, 916-622-1459.

VB2tfn

HOUSE FOR RENT: 2 bdrm, 1 bath, newly refurbished bathroom & floors. 628 Andrew St., West Sacramento. $900/mo + depo. Call 916-704-2972.

9tfn

MOBILE HOMES

Casa Mobile Park 12X60 w/ 8X15 expando. New roof & carpeting. Shade trees. Automatic sprinkler syst. 2 storage sheds. Owner motivated. $35,000. Call 371-8125, ask for Jo.

12



Melissa Ricardy-Gaunt
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Fax: (916) 933-1306
mricardygaunt@farmersagent.com
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MORTGAGES

ERA MORTGAGE GUARANTEES. You'll receive a same-day loan decision, guaranteed -- or we'll pay you $250. We'll meet your requested closing date, guaranteed -- or we'll reduce your interest rate by 1/8 of one percent for the life of your loan.* CALL NOW FOR PRE-APPROVAL, toll-free (877) 264-3212. Mortgage loans are subject to qualification, receipt of satisfactory appraisal and verification of income, asset and debt information provided by customer. *Approved, conventional, purchase loans only. Closing date to be mutually agreed upon between customer and us, and customer must provide all required documentation. Licensed by the Department of Corporations under the California Residential Mortgage Lending Act. Equal Housing Lender.

8tfn

HELP WANTED

Wanted: care companion, 4 hours every other Saturday & Sunday (or Friday/Saturday). References req. $10/hour. Leave a message for Iris, 718-1286.

11

BE YOUR OWN BOSS
and increase your income in a large, people-oriented organization. Looking for selective, service-minded self-starters. We offer on-the-job training and were voted by Sacramento Magazine readers as "Best Real Estate Company." Call Jim Piatt at Lyon Real Estate today at (916) 375-1122.

2006-19

Wanted: Auto body shop helper. No exper. required. Valid CDL. Clean shop & run errands. Call Izzie, 372-0229.

4tfn

Janitor needed full time. Valid CDL. Perm. position. Call Izzie, 372-0229.

4tfn

Laborer (Temp, PT) - City of West Sacramento Facilities Maintenance. $8-12/hr. For complete info, send SASE to HR, 1110 W. Capitol Ave, W Sacto CA 95691

11

LOST & FOUND

Found on Jefferson Blvd.: horse blanket & saddle. Call Vangie, 371-2001.

12

FOUND: male mastiff dog, near 150 lbs, black with stripes, around 2 years old, well trained & healthy, near Fernwood & Sonora. Contact Yolo County Animal Services animal shelter.

11

PET SITTING

Animal Attic/Pet Sitting by Patti. Daily & overnight visits. 10 years exper., exc. references. Compassionate. Bonded & insured. Patti, (916) 372-8924.

40

AUTO CARE & DETAILING

Give your car, truck or SUV the optimum paint protection -- compare to dealership price of $1,000!! ABC's 5-step process paint sealant will do the job, save you money and come to you! Prices start at $165 for standard passenger car. Call ABC Mobile Detail, (916) 532-1314 for quote.

13

HOMES NEEDED

FAMILIESFIRST
Short-term Emergency Shelter homes for 0-17 years old. Monthly reimbursement and family support services.
1-877-488-5437.

10tfn

***
A decision is made with the brain. A commitment is made with the heart. Therefore, a commitment is much deeper and more binding than a decision.
—Nido Qubein
***

Statement of Abandonment of Use of Fictitious Business Name

The following Fictitious Business Name: A-1 Secure Storage, whose principal place of business was 35 Matmor Rd., Woodland CA 95776, Yolo County, which was originally filed in Yolo County on 10/15/2001 is being ABANDONED by the registrants listed below:
Gary L. Mitchell and Frances L. Mitchell, 23088 Old 44 Dr., Palo Cedro, 96073, Shasta County.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 22 2006
by: /s/Kimberli Barklow, Deputy Clerk

Oct 11 18 25 Nov 1

NOTICE OF PETITION TO ADMINISTER ESTATE OF Ethel Freida Barton CASE NUMBER PB06-170

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Loretta Gutierrez:

A PETITION FOR PROBATE has been filed by Guy G. Gibson, Jr., in the Superior Court of California, County of Yolo.

THE PETITION FOR PROBATE requests that Guy G. Gibson, Jr., be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Dec. 5, 2006, at 8:30 a.m. in Dept. 11, Superior Court of California, County of Yolo, 812 Court St., Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a "Request for Special Notice" (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A "Request for Special Notice" form is available from the court clerk.

Attorney for Petitioner: Linda S. Patrick, Esq
1540 Jefferson Blvd.
West Sacramento CA 95691
(916) 371-5780

Oct 25 Nov 1 8

NOTICE OF TRUSTEE'S SALE T.S. No 2006-21061734 Loan No. 0021061734 Title Order No. 2995488 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/25/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: ROBERT D. MISTLER AND CATALINA G. MISTLER, HUSBAND AND WIFE Duly Appointed Trustee: GOLDEN WEST SAVINGS ASSOCIATION SERVICE CO., A CALIFORNIA CORPORATION Recorded 5/2/2003 as Instrument No. 2003-0025415-00 in book, page of Official Records in the office of the Recorder of YOLO County, California, Date of Sale: 11/15/2006 at 12:00 PM Place of Sale: AT THE REAR (NORTH) ENTRANCE TO THE CITY HALL BUILDING, 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA Amount of unpaid balance and other charges: $103,520.78 Street Address or other common designation of real property is purported to be: 1421 LISBON ROADWEST SACRAMENTO, CA 95605 A.P.N.: 014-351-08-1 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Date: October 06, 2006 Fidelity National Agency Sales & Posting As agent for GOLDEN WEST SAVINGS ASSOCIATION SERVICE CO., A CALIFORNIA CORPORATION 15661 Red Hill Ave. Ste. 200 Tustin, California 92780 Telephone Number: (800) 840-8547 Sale Status Line: (714) 259-7850 HOLLIE DYKES, ASSISTANT SECRETARY ASAP# 795554 10/25/2006, 11/01/2006, 11/08/2006

LOAN: Sacramento SBB Assoc. INVESTOR LOAN #: FILE: D2006-1053 CKE NOTICE OF DEFAULT AND ELECTION TO SELL UNDER DEED OF TRUST IMPORTANT NOTICE: IF YOUR PROPERTY IS IN FORECLOSURE BECAUSE YOU ARE BEHIND IN YOUR PAYMENTS, IT MAY BE SOLD WITHOUT ANY COURT ACTION, and you may have the legal right to bring your account in good standing by paying all of your past due payments plus permitted costs and expenses within the time permitted by law for reinstatement of your account, which is normally five business days prior to the date set for the sale of your property. No sale date may be set until three months from the date this notice of default may be recorded (which date of recordation appears on this notice). This amount is $2,479,575.95 as of 10/11/2006 and will increase until your account becomes current. While your property is in foreclosure, you still must pay other obligations (such as insurance and taxes) required by your note and deed of trust or mortgage. If you fail to make future payments on the loan, pay taxes on the property, provide insurance on the property, or pay other obligations as required in the note and deed of trust or mortgage, the beneficiary or mortgagee may insist that you do so in order to reinstate your account in good standing. In addition, the beneficiary or mortgagee may require as a condition to reinstatement that you provide reliable written evidence that you paid all senior liens, property taxes, and hazard insurance premiums. Upon your written request, the beneficiary or mortgagee will give you a written itemization of the entire amount you must pay. You may not have to pay the entire unpaid portion of your account, even though full payment was demanded, but you must pay all amounts in default at the time payment is made. However, you and your beneficiary or mortgagee may mutually agree in writing prior to the time the notice of sale is posted (which may not be earlier than the end of the three-month period stated above) to, among other things, (1) provide additional time in which to cure the default by transfer of the property or otherwise; or (2) establish a schedule of payments in order to cure your default, or both (1) and (2). Following the expiration of the time period referred to in the first paragraph of this notice, unless the obligation being foreclosed upon or a separate written agreement between you and your creditor permits a longer period, you have only the legal right to stop the sale of your property by paying the entire amount demanded by your creditor. TO FIND OUT THE AMOUNT YOU MUST PAY, OR TO ARRANGE FOR PAYMENT TO STOP THE FORECLOSURE, OR IF YOUR PROPERTY IS IN FORECLOSURE FOR ANY OTHER REASON, CONTACT: CMH MANUFACTURING WEST, INC. Phone (818) 845-4000 C/O WITKIN & EISINGER, LLC 530 SOUTH GLENOAKS BOULEVARD, SUITE 207 BURBANK, and CA 91502. If you have any questions, you should contact a lawyer or the governmental agency, which may have insured your loan. Notwithstanding the fact that your property is in foreclosure, you may offer your property for sale, provided the sale is concluded prior to the conclusion of the foreclosure. REMEMBER, YOU MAY LOSE LEGAL RIGHTS IF YOU DO NOT TAKE PROMPT ACTION. NOTICE IS HEREBY GIVEN: That Witkin & Eisinger, LLC, a limited liability company is duly appointed Trustee under the following described Deed of Trust dated: 08/04/2005, executed by SACRAMENTO SBB ASSOCIATES, LLC, A CALIFORNIA LIMITED LIABILITY COMPANY as Trustor, to secure certain obligations in favor of THE ANDREW KARSTEN COMPANY as Beneficiary, recorded 08/08/2005, as Instrument No. 2005-0038471-00 Book n/a Page n/a, of Official Records, in the office of the Recorder of Yolo County, California, describing the land therein: As more fully described on said Deed of Trust. including 1 note(s) for the sum of $2,534,081.39; that the beneficial interest under such Deed of Trust and the obligations secured thereby are presently held by the beneficiary; that a breach of, and default in the obligations for which said Deed of Trust is security has occurred in that payment has not been made of the unpaid principal balance of $2,468,873.88 together with accrued interest all due and payable under the terms of the note, together with late charges, attorney's fees and costs and trustee's fees and expenses. THAT by reason thereof the beneficiary under said Deed of Trust, has executed and delivered to said duly appointed Trustee, a written Declaration of Default and Demand for Sale, and has deposited with said duly appointed Trustee, such Deed of Trust and all documents evidencing obligations secured thereby, and has declared and does hereby declare all sums secured thereby immediately due and payable and has elected and does hereby elect to cause the trust property to be sold to satisfy the obligations secured thereby. DATE: October 11, 2006 WITKIN & EISINGER, LLC as Agent for the Beneficiary and/or As Trustee Carole Eisinger, Trustee Sales Officer TAC: 743844B PUB: 10/25 11/01 11/08 11/15.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME PT06-1795

TO ALL INTERESTED PERSONS:

Petitioner Carol Grace Scott Karnezis filed a petition with this court for a decree changing names as follows:

Present name: Carol Grace Scott-Karnezis

Proposed name: Carol Grace Scott

THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

NOTICE OF HEARING: Dec. 5, 2006, at 8:30 a.m. in Dept. 11, Room 11, Superior Court of California, County of Yolo, 812 Court Street, Woodland CA 95695.

Date: Oct 12, 2006
THOMAS E. WARRINER
Judge of the Superior Court

Oct 25 Nov 1 8 15

Fictitious Business Name Statement Filed Aug 18, 2006 File No. 2006-795

The following person is doing business as Lighthouse Real Estate Group; Finance America Financial; Lighthouse Property Managers, 820 Westwood Ct., West Sacramento CA 95605

Ivan Ravlov, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 8/18/06.

/s/Ivan Ravlov

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 18 2006
by: /s/Eleigh Fagel, Deputy Clerk

Oct 25 Nov 1 8 15

Fictitious Business Name Statement Filed Oct 20, 2006 File No. 2006-1004

The following person is doing business as Golden Land Realty & Mortgage, 2466 Starling Lane, West Sacramento CA 95691:

Angela T. Nguyen, same address.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 10/20/06.

/s/Angela T. Nguyen, CEO
Golden Land Realty & Mortgage

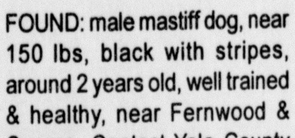
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Oct 20 2006
by: /s/Kimberli Barklow, Deputy Clerk

Oct 25 Nov 1 8 15

Joining us

Marc L. Concepcion, D.O.
James F. Lee, M.D.
Susan Rosten, F.N.P.
Tari Smith, P.A.
Kim Hernandez, P.A.



River Bend Medical Associates, Inc.

* *makes good sense*

River Bend Medical Associates invites you to join us at our beautiful new state of the art medical facility located in the new Parkstone Medical Building.

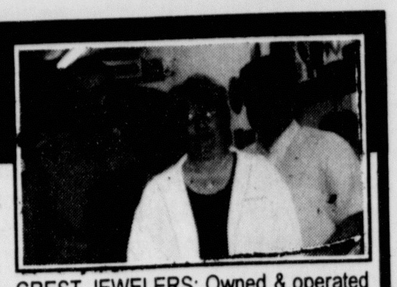
- Fully staffed state of the art medical facility
- Full scope Family Practice (including Pediatrics and OB care)
- Lab & physical therapy in the building
- Flexible appointment times including evenings
- Easy access/freeways close and plenty of free parking



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www.familylawcenter.us

Local Scene

Class of '56

The James Marshall High School Class of 1956 is planning its 50th reunion on Nov. 4. Members of other classes are welcome. The event is scheduled for 5:30 to 9:30 p.m. Cost is $50, including dinner. Please contact Joan Souza Clark, 780-4040, or Jeri Hughes Wingfield, 371-7678, for reservations.

Crab feed

The annual Alzheimers Society Crab Feed in memory of boxer Joey Lopes is scheduled for Sat., Nov. 11, at the VFW Hall at Drever Street in West Sacramento. No-host cocktails begin at 6 p.m., with dinner ($30 donation) at 7 p.m., followed by dancing from 9 p.m. For tickets, call Jackie, 371-3549, by Nov. 5.

Flu shots

A "West Sacramento Senior Flu Clinic" is scheduled for Thursday, Nov. 2, from 9-11 a.m. at the West Sacramento Senior Center, 664 Cummins Way. Cost is $10. For all people age 60 and over, and others at "high risk" of flu-related complications. For more information, call 373-5819.

Halloween alternative

Southport Community Church will host "Trunk or Treat," a Halloween alternative event, at Bridgeway Island Elementary School's parking lot on Tuesday evening, Oct. 31, from 6-8:30 p.m. Hosts will be in costume, with car trunks decorated and filled with candy for visiting children. Hot chocolate and coffee will flow. Call 372-7818.

Mobile home residents

A community meeting for mobile home residents will be hosted by the city department of housing & community investment on Wed., Oct. 25, from 6-8 p.m. at city hall (1110 West Capitol Avenue). Learn the results of a recent mobile home park survey, ask questions, and give your opinion on mobile home park policy. For information, call 617-4555.

Veterans Day

The Yolo County Veterans Coalition and American Legion Post 77 plan a Veterans' Day ceremony at 11 a.m. (rain or shine) on Nov. 11 in front of the courthouse at 625 Court Street in Woodland. Ceremonies will include the unveiling of a new war memorial. For more information, call Ted Puntillo, Yolo County Veterans Services Officer, at (530) 681-8044.

High school breaks ground

The public is invited to a groundbreaking ceremony at the site of the planned new West Sacramento high school, at the corner of Jefferson Blvd. and Linden Road at 4:30 p.m. on Thursday, Oct. 26. Park in the Southport Town Center (Nugget Center). The event will also celebrate the groundbreaking Washington Unified School District's ninth elementary school. Local school board members will participate.

Neuropathy

Jerra Banworth, R.Ph., a Woodland Compounding Pharmacist, will speak at the West Sacramento Peripheral Neuropathy Support Group meeting on Wed., Nov. 1 at 6:30 p.m. at the library branch at 1212 Merkley Avenue, West Sacramento. The speaker's specialties include pain management and drug therapy management, and she has worked with peripheral neuropathy involving pain and other sensations in the feet and hands. Call Sandra, 372-6093, for information.

Holy Cross dinner

Holy Cross School will host its annual fall dinner and auction on Sat., Nov. 18, with a silent auction at 5 p.m., dinner at 7:30 p.m. and an oral auction at 8:30 p.m. at 800 Todhunter Avenue. $30 per person, or $240 to sponsor an eight-person table (includes 8 tickets, name on program, plus bottle of champagne). For tickets & information, call the school at 371-1313. Tickets sold ONLY in advance.

Scary stories & crafts

A program of "Scary Stories, Crafts and Face Painting" is planned for 4 p.m. on Thursday, Oct. 26, at the Arthur F. Turner Branch Library, 1212 Merkley Avenue. Kids are invited to come in costume and will receive a special treat. For information, call 375-6465. Sponsored by the Friends of the Library.

Honoring women

A reception and opening of a new program, "Celebrating the Lives of West Sacramento Women," is planned for 1 p.m. on Sunday, Nov. 5, at the West Sacramento Historical Society Museum and Visitors Center, 324 Third Street in West Sacramento. Former mayor Cindy Tuttle will speak at 1:20 on "The Role of Women in the Community." Over 30 women from many occupations will be the subject of the program. The show will continue through April 29. For museum hours and other information, call 372-1849.

Streetcars

The City of West Sacramento will sponsor a "charette"-style public workshop creating plans to bring streetcar service back to town, in the fashion done by other cities such as Portland, Memphis and Tampa. The service is planned for the riverfront, "triangle" and West Capitol Avenue areas. The charette will begin on Oct. 30 from 5:30-7:30 p.m. at city hall, 1110 West Capitol Avenue, and public input will be invited. The program will continue during the week. For information, visit www.riverfrontstreetcar.com.

Youth leadership

West Sacramento's Youth Commission is soliciting new members, who must be city residents attending middle school or high school. The commission meets quarterly and provides advice to the city council on issues facing the city and young people. For more information, call 617-4620.

Energy rebate

PG&E is offering a rebate program for users who save as little as 1 percent off their previous year's natural gas bill. For details, visit www.pge.com.

Walk for the hungry

Support the Elderly Nutrition Program and its "Meals on Wheels" program that delivers food to the homebound by participating in the "Miles for Meals Walk-a-thon" scheduled for Sat., Nov. 4, from 8-10 a.m. at the County Fair Mall in Woodland. Walkers who pledge a minimum of $25 will receive a T-shirt, and those bringing in $200 will get a sweatshirt. Various prizes will be awarded. Call (530) 662-7035.

Art display

A "Journey to Alaska" photography exhibit by Roy Vogel is on display through Oct. 31 at the Arthur F. Turner Branch of the Yolo County library, 1212 Merkley Avenue. Sponsored by the Friends of the Library. Call 375-6465 for information.

Absentee voting tips

For absentee voting, the U.S. Postal Service offers the following suggestions to help domestic absentee voters make their ballots count:

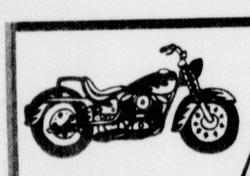
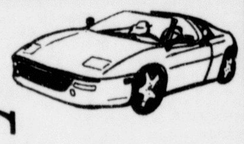
Absentee ballots cast from anywhere in the U.S. must be received by the voter's county board of elections, whether returned in person or by mail, by 8 p.m. on November 7th. Mail your ballots early -- at least five days before the due date.

Check to make sure the correct postage is affixed to the ballot's return envelope because ballots may require more than one first-class postage stamp. The weight of ballots will vary from county to county. If uncertain, verify postage at a post office.

Voters who wish to certify delivery of their absentee ballots may do so by purchasing either priority mail with delivery confirmation or certified mail services at the time of mailing.

Voters mailing ballots from out-of-state or those mailing closer to the election board's deadline may wish to use express mail service for delivery guarantee and tracking.

For more information go to the California Secretary of State's website at http://www.ss.ca.gov/

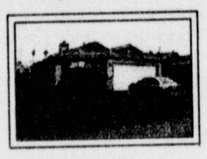


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We detail it all, and we come to you! Treat your car, motorcycle, truck, boat or RV to an ABC Mobile Detail service! Cleaning, water spot removal, polishing -- your full detailing needs!
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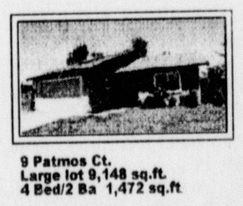
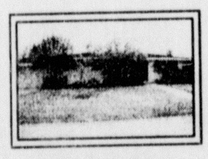

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3714 Jonko Way
Light fixer
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2230 Rose Arbor
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2 Bed/2 Ba 1,296 sq.ft

9 Patmos Ct.
Large lot 9,148 sq.ft.
4 Bed/2 Ba 1,472 sq.ft

6661 South Land Park
Lovely pool with waterfall
3 Bed/ 2 Ba 1,546 sq.ft.

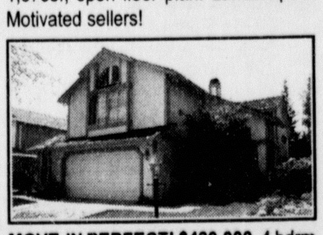
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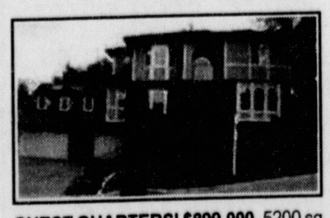
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NEAT AS A PIN! $370,000. Wonderful home or investor property, 3bed/2ba 1,578sf, open floor plan! Landscaped! Motivated sellers!

TWO MASTER SUITES! $265,000. 2 bdrm, 3 bath, 1,194sf gated townhouse. Private 2-car attached garage. Washer, dryer & fridge too!

MOVE-IN PERFECT! $420,000. 4 bdrm 3 ba, 1766sf home with gourmet kitchen w/granite counters. Beautifully updated!

PRICED TO SELL! $320,000. 2 bdrm 1 bath, 1112sf adorable home. Best price in this neighborhood. 2-yr new roof.

SOLD!
ALMOST NEW! $495,000. 5 bdrm, 3 bath, 2855 sf, granite slab kitchen island, tiled floors & counters. Pool-size yard!

GUEST QUARTERS! $899,000. 5200 sq ft includes 1,200 sq ft guest quarters on 4/10 acre. 3 fireplaces. Plus secret space, too!

A STEAL! $399,000. Cute as a button, open & light with lots of windows. Comes with newer spa, old Wedgewood stove, frig, washer, dryer, 1-yr new HVAC syst.
All measurements and calculations of area are approximate. Information provided by Seller/Other sources, not verified by Broker. All Interested Persons should independently verify accuracy of above information. Featured properties may not be listed by the office/agent presenting this ad.
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PRAIRIEFRESH®

PrairieFresh 100% Natural

Pork Baby Back Ribs

Lean, Tender and Meaty Small Sides

PrairieFresh 100% All Natural Pork has no artificial additives, no antibiotic residues and no added hormones. Previously frozen.

Stop Sign Savings...2.00 Lb.

3.99 lb.

Oroweat Bread

Potato or 100% Whole Wheat. 24 oz. Loaf

Save 2.78 on 2

2 for $5



Better Than BOGO

Mary Ellen Strawberry Jam

32 oz. Jar

Stop Sign Savings...3.00

1.99





Better Than BOGO

Golden Grain Noodles

Selected Varieties. 12 oz. Package

Save up to 1.11

88¢



Campbell's Chunky Soup

Selected Varieties. 18.6-19 oz. Can

Save 3.50 on 2

2 for $3



Kellogg's Nutri-Grain or Cereal Bars

Selected Varieties. 4.7-10.4 oz. Package

Save up to 2.98 on 2

2 for $5

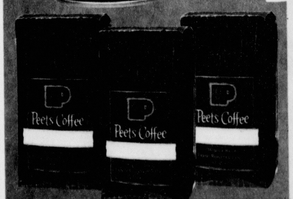


Tree Top Apple Juice

64 oz. Bottle

Save 3.98 on 2

2 for $3



Peet's Coffee

Selected Varieties. 12 oz. Package

Stop Sign Savings...1.50

9.99



Duraflame Firelogs

Save 2.98 on 2

2 for $5



Fresh Large California Grown Broccoli

88¢ ea.

Save 41¢ ea.

OCTOBER 2006
AD STARTS WEDNESDAY

WED	THU	FRI	SAT	SUN	MON	TUES
25	26	27	28	29	30	31

Limit of 4 on all advertised specials, unless otherwise stated.

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Fair Trade handcrafted Shea butter benefits both the communities that produce it and those that purchase it. Members of Alaffia's Agbanga Karite/Alaffia Shea butter cooperative gain pride as they are able to use their traditional skills and knowledge to support their families. You benefit because you are receiving an authentic product directly from the source. 10% of Alaffia's sales go directly to community enhancement projects in Togo, West Africa, and in Washington state. All Alaffia products are paraben-free.

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African Baskets

All of these baskets are hand-woven by African villagers using natural, locally available materials. Most of the weavers are members of grassroots cooperatives, pooling their resources and talents to produce the best possible baskets. By purchasing these baskets, you are helping support many families of weavers. Round or Oval Style.

26.99

Alter Eco Rice

Selected Varieties.
16 oz. Package

Save 98¢ on 2

2 $5 for

Alter Eco Organic Sugar

16 oz. Package

Stop Sign Savings...60¢

2.39

Nugget Bulk Coffee

Selected Varieties.

Stop Sign Savings...2.00 lb.

6.99 lb.

Equal Exchange Organic Chocolate Bars

Selected Varieties.
3.5 oz. Package

Save up to 70¢

2.89

Wholesome Organic Powdered Sugar

16 oz. Package

Stop Sign Savings...40¢

3.29

GROCERY

Tia Rosa Tortillas

Selected Varieties.
8-10 Count

Save up to 90¢

1.99

Zatarains Rice Mixes

Selected Varieties.
7-8.8 oz. Package

Save up to 3.38 on 2

2 $3 for

Las Palmas Enchilada Sauce

Selected Varieties.
28 oz. Can

Stop Sign Savings...1.00

1.99

Bernstein's Salad Dressing

Selected Varieties.
16 oz. Bottle

Stop Sign Savings...1.40

2.49

Enova Cooking Oil

20 oz. Bottle

Stop Sign Savings... 2.00

3.99

Frito Lay Variety Packs

Selected Varieties.
17.38-24 oz. Package

Stop Sign Savings... 3.00

5.99

Post Pebbles Cereal

Fruity or Cocoa.
16.25 oz. Package

Stop Sign Savings... 2.10

2.89

Geisha Solid White Tuna

6 oz. Can

Stop Sign Savings... 1.10

1.29

Fisher Nuts

Selected Varieties.
40-44 oz. Canister

Stop Sign Savings... 3.00

3.99

Gorton's Fish Sticks or Fillets

Selected Varieties.
19-24.5 oz. Package

Stop Sign Savings... 2.40

3.99

Red Baron Mini Deep Dish Pizza or Pagoda Egg Rolls

Selected Varieties.
10.88-11.44 oz. Package

Save up to 2.78 on 2

2 $5 for

Friskies Buffet Cat Food

Selected Varieties.
5.5 oz. Can

Save 1.35 on 3

3 for 99¢

Insulair Coffee Cups

Selected Varieties.
10/16 oz. Cups

Stop Sign Savings.... 39¢

2.49

Kleenex Cottonelle Bath Tissue

12 Pack Double Rolls

Stop Sign Savings... 1.20

5.99

Jubilee Paper Towels

3 Roll Package

Stop Sign Savings... 1.50

1.99

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Selected Varieties.
12/12 oz. Cans or Aquafina Bottles

Save 2.98 on 2

2 $7 for +crv

Nugget Tortilla Chips

16 oz. Bag

Save 1.38 on 2

2 $3 for

Rosarita Refried Beans

Selected Varieties.
16 oz. Can

Stop Sign Savings...30¢

88¢

Best Foods Mayonnaise

18 oz. Squeeze Bottle

Save 3.18 on 2

2 $4 for

MEAL of the WEEK

Rosemary Grilled Harris Ranch Flank Steak with Fennel & Vine-Ripened Tomato Ragout, Garlic Mashed Potatoes and Pecorino Blue Lake Green Beans

8.99 ea.

No substitutions. Whil

end and Halloween Parties...



Martinelli's Sparkling Cider

Selected Varieties.
25.4 oz. Bottle
Stop Sign Savings...1.00

1.99 +crv



Knudsen Sour Cream

24 oz. Tub
Save 1.38 on 2

2 $5 for



Doritos Tortilla Chips

Selected Varieties.
13 oz. Bag
Save 2.98 on 2

2 $4 for



Bariani Olive Oil

16.9 oz. Bottle
Stop Sign Savings...2.00

9.99



Stop by Nugget Market's Deli for our delicious, ready-to-eat, chef-prepared Meal of the Week! Every week, look for a new featured dish that is made with only the finest ingredients – let our chefs do the cooking for you.



bstitutions. While supplies last.

BEVERAGE

Michael-David Incognito Red

Incognito Red Rhône blend is a tango of Mourvedre, Syrah, Petite Sirah, Cinsault, Carignane, Tannat, and Pinot noir. Think fresh picked blackberry, and eucalyptus, this wine will tantalize you with its full fruit and integrated flavors. 750 ml. Bottle
* While supplies last
Stop Sign Savings.....4.00

12.99



Smoking Loon Wines

Selected Varieties.
750 ml. Bottle
Stop Sign Savings... 4.00

5.99



Casillero del Diablo Wines

Selected Varieties.
750 ml. Bottle
Stop Sign Savings... 2.00

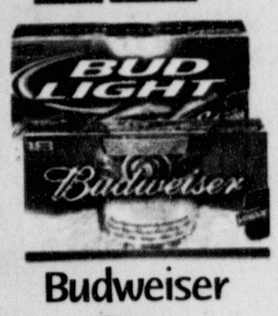
6.99



Budweiser Beer

Selected Varieties.
18/12 oz. Cans or Bottles
Stop Sign Savings... 6.00

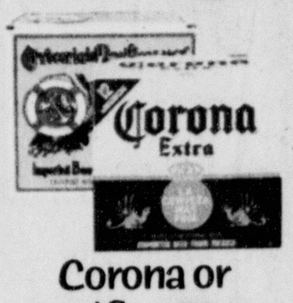
9.99 +crv



Corona or Pacifico Beer

Selected Varieties.
12 Pack/12 oz. Bottles
Save up to 4.90

10.99 +crv



Sierra Nevada or Stella Artois

Selected Varieties.
6 Pack/12 oz. Bottles
Save up to 2.50

5.99 +crv

Reaper Deathly Pale
22 oz. Bottle
Save 40¢
2.99 +crv



Kahlua Coffee Liqueur or Malibu Rum

750 ml. Bottle
Save up to 8.00

11.99



Sweet Leaf Teas

Selected Varieties.
16 oz. Bottle
Stop Sign Savings.... 70¢

79¢ +crv



Rock Star Energy Drink

Selected Varieties.
16 oz. Can
Save 98¢ on 2

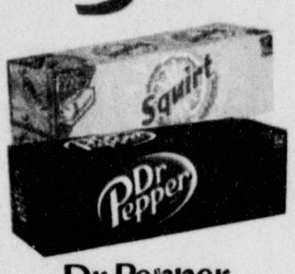
2 $3 for +crv



Dr Pepper, Squirt, RC Cola or Diet Rite

Selected Varieties.
12 Pack/12 oz. Cans
Stop Sign Savings... 1.00

3.99 +crv



Virgil's Root Beer

5 Liter Keg
Stop Sign Savings... 6.00

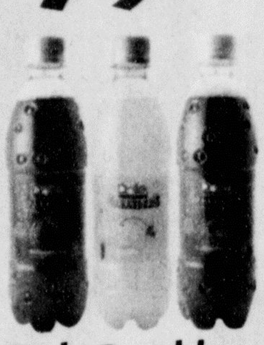
9.99 +crv



Dole Sparklers

Selected Varieties.
16.9 oz. Bottle
Save 1.76 on 4

4 $5 for +crv



Pepsi Cola 2 Liter Bottles

Selected Varieties.
Save 1.76 on 4

4 $5 for +crv



Canada Dry or Schweppes

Selected Varieties.
1 Liter Bottle
Save up to 70¢

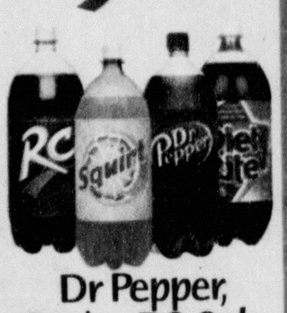
99¢ +crv



Dr Pepper, Squirt, RC Cola or Diet Rite

Selected Varieties.
2 Liter Bottles
Save up to 1.76 on 4

4 $5 for +crv



MEAT-DELI

Hormel Black Label Bacon

16 oz. Package
Stop Sign Savings... 2.00

2.99



Harry's Entrees

Selected Varieties.
10 oz. Package
Stop Sign Savings.... 70¢

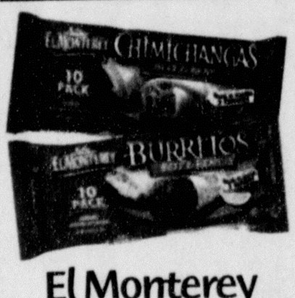
1.99



El Monterey Burritos

Selected Varieties.
32-40 oz. Package
Stop Sign Savings.... 80¢

2.49



Silva Linguica

Selected Varieties.
13 oz. Package
Stop Sign Savings.... 60¢

2.99



Tony's Italian Dry Salame

16 oz. Package
Stop Sign Savings... 1.00

4.49



Foster Farms Mini Corn Dogs

29 oz. Package
Stop Sign Savings...1.30

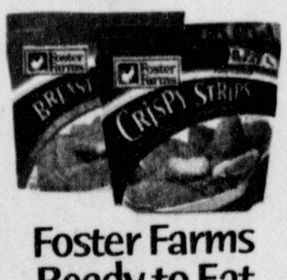
4.99



Foster Farms Ready to Eat Snacks

Selected Varieties.
24-28 oz. Package
Stop Sign Savings... 2.00

5.99



Miller's Sausages

Selected Varieties.
2 Lb. Package
Stop Sign Savings... 1.00

5.89



Where Italian Style Meets Breadmaking . . .

Made with the highest-quality organic flours, bread flours and sea salt, with no additives or preservatives – great for sandwiches or dipped in olive oil and balsamic vinegar.



Ciabatta: A hand-shaped free-form loaf. Made with whole milk and extra-virgin olive oil, this hearth-baked bread has a thin, crispy crust and smooth, delicate crumb.
Stop Sign Savings...50¢

2.49

Pugliese Bread: A hand-shaped torpedo loaf made with buttermilk and extra-virgin olive oil. Hearth baked to perfection; also available with Kalamata olives.
Stop Sign Savings...1.00

2.49

Focaccia Bread: Yeasted pan bread – available in Plain with Sea Salt, Rosemary, Roasted Garlic, Jalapeño Peppers & Cheddar Cheese, and Grated Parmesan & Asiago Cheese varieties.
Stop Sign Savings...50¢

2.49

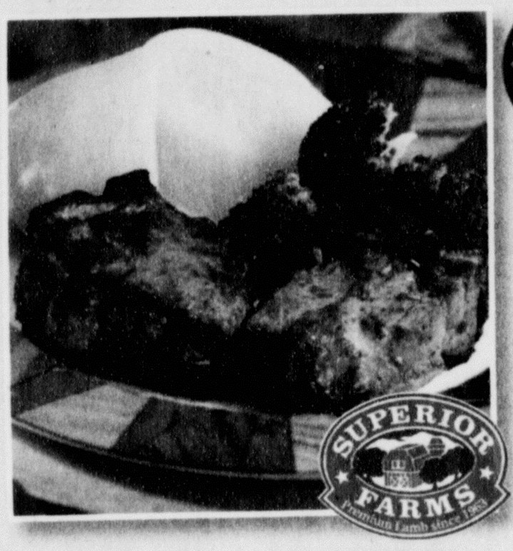




Better Than BOGO

Foster Farms California Fresh
Split Chicken Breasts
In the value pack.
1.17 lb.
Stop Sign Savings...1.52 lb.

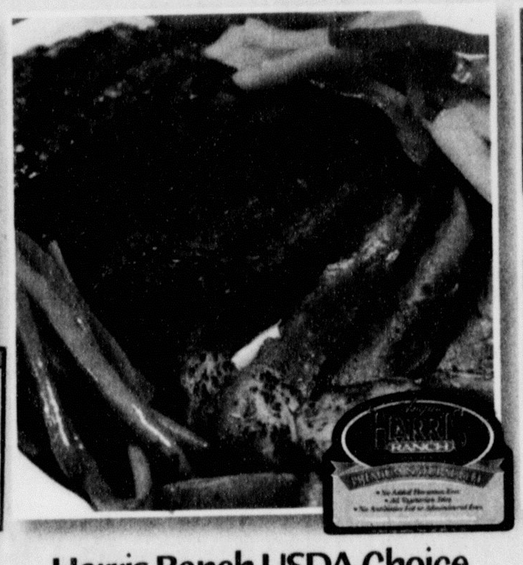
Previously Frozen
Alaskan King Crab Sections
9.99 lb.
Stop Sign Savings...5.00 lb.



Superior Farms USDA Choice
Lamb Loin Chops
Stop Sign Savings...2.00 lb.
10.99 lb.



Nugget's Own Fresh Sausage of the Week:
Teriyaki Pineapple
Stop Sign Savings...2.00 lb.
2.99 lb.



Harris Ranch USDA Choice Premium Natural Angus Beef
Flank Steaks
Stop Sign Savings...1.60 lb.
7.99 lb.



41-50 Count Cooked
Ready to Eat Prawns
Previously frozen.
Stop Sign Savings...5.00 lb.
7.99 lb.

– Fresh Produce Specials –



California Grown
Bunches of Spinach
Stop Sign Savings...51¢ ea.
88¢ ea.



Washington Grown
Red Delicious Apples
Stop Sign Savings...31¢ lb.
98¢ lb.



Hawaiian Fresh
Large Gold Pineapples
Stop Sign Savings...51¢ ea.
2.48 ea.



Northwest Fresh
Organic D'Anjou Pears
Stop Sign Savings...61¢ lb.
1.38 lb.



California Fresh
Barsotti's Apple Juice
One Gallon
Stop Sign Savings...1.01 ea.
4.98 ea.



Fresh Express
Salad Mixes
Spring Mix, Sweet Baby Greens or Veggie Spring Mix.
Save 1.58 on 2
2 for $5

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